

7.1.10 The Institution celebrates/ organizes national and international commemorative days, events and festivals.

Describe the efforts of the Institution in celebrating /organizing National and International commemorative days and events and festivals within 100 - 200 words

Response:

The Institution celebrates all days of National and International importance and festivals to bring the students together and create a sense of pride in their nation, college and about themselves. Flag hoisting is done every Monday and on Independence Day and Republic Day there are lot of festivities and sweets distributed. The birth anniversary of our Father of the nation Mahatma Gandhi and Swami Vivekananda are remembered.

Every year programs are organized on World cancer day, World No Tobacco Day, World oral health day, Periodontist's Day, Orthodontic day, Prosthodontic day, World immunization day. These days were celebrated by various modes like skit and pamphlet distribution. Guest lecture on importance of immunization was given to all the students and staff members on account of world immunization day

International Women's Day (IWD) is being celebrated globally on March 8 every year.

On this day staff members and students had visited Nedungundram village which was adopted by our college to create awareness on female hygiene.

The government has declared National Youth Day from the day of Swami Vivekananda's Birthday. On account of National youth day competitions for staff and students were conducted on various topics like inspiring stories of swami Vivekananda.

**INSTITUTION CELEBRATES / ORGANIZES NATIONAL AND INTERNATIONAL
COMMEMORATIVE DAYS, EVENTS AND FESTIVALS**

S.No	Date	Title of the programme
1.	15.8.2020	Independence Day Celebration
2.	4.2.2021	World Cancer Day
3.	7.4.2021	World Oral Health Day-Periodontics
4.	7.4.2021	World Oral Health Day-Public Health Dentistry
5.	12.1.2021	National Youth Day
6.	22.1.2021	Prosthodontist Day
7.	26.1.2021	Republic Day Celebration
8.	12.5.2021	Periodontists Day
9.	15.5.2021	Orthodontic Day
10.	8.3.2021	Womens Day
11.	16.3.2021	world immunization day
12.	31.5.2021	World No Tobacco Day

INDEPENDENCE DAY CELEBRATION

INDEPENDENCE DAY CELEBRATION - VIRTUAL

AUGUST 15TH 2020

VENUE: Flag hoisting- Tagore Dental College

Google meet link: hoo-bbbb-ivn

ITINERARY:

- ❖ Flag Hoisting in College
- ❖ Welcome Address – Dr. C.J Venkatakrishnan, Vice Principal
- ❖ Speech by Dr. Chitraa R. Chandran, Principal
- ❖ Speech by Dr. S. Balagopal, Vice Principal
- ❖ Speech by chief guest Mr. Ramakrishna Prasad
- ❖ Speech by students
- ❖ Vande Mataram song
- ❖ Vote of Thanks- Dr. Jimson, Vice Principal

The 74th Independence day was celebrated in a grand manner on August 15th 2020 (Saturday). The programme started with the hoisting of the national flag at 9 A.M in the college premises. The flag hoisting ceremony was presided by Dr. Chitraa R. Chandran, Principal, Dr. C.J Venkatakrishnan, Vice Principal and Dr. S. Balagopal, Vice principal.

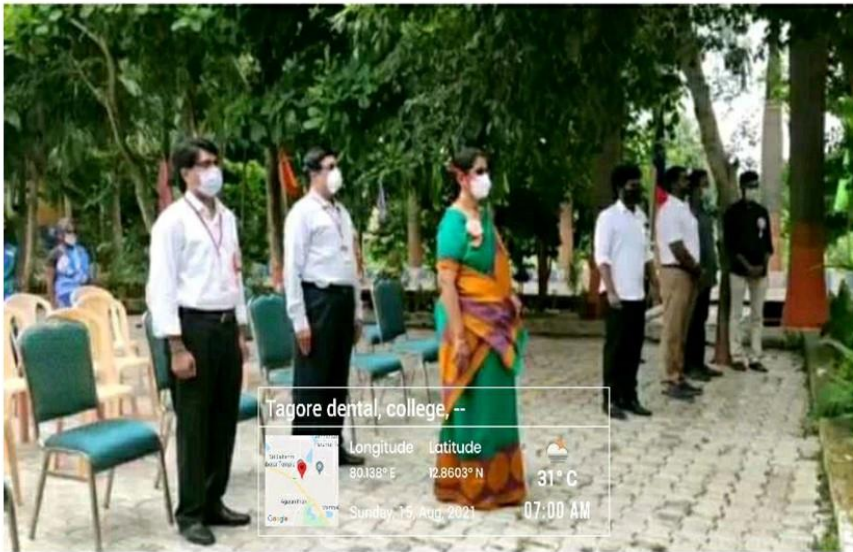
This was followed by virtual celebration at 11 A.M joined by all the faculty members and students. Mr.A. Ramakrishna Prasad, Rtd Officer of BSNL and presently joint secretary of Vivekananda Youth Forum graciously accepted to be the chief guest for the programme.

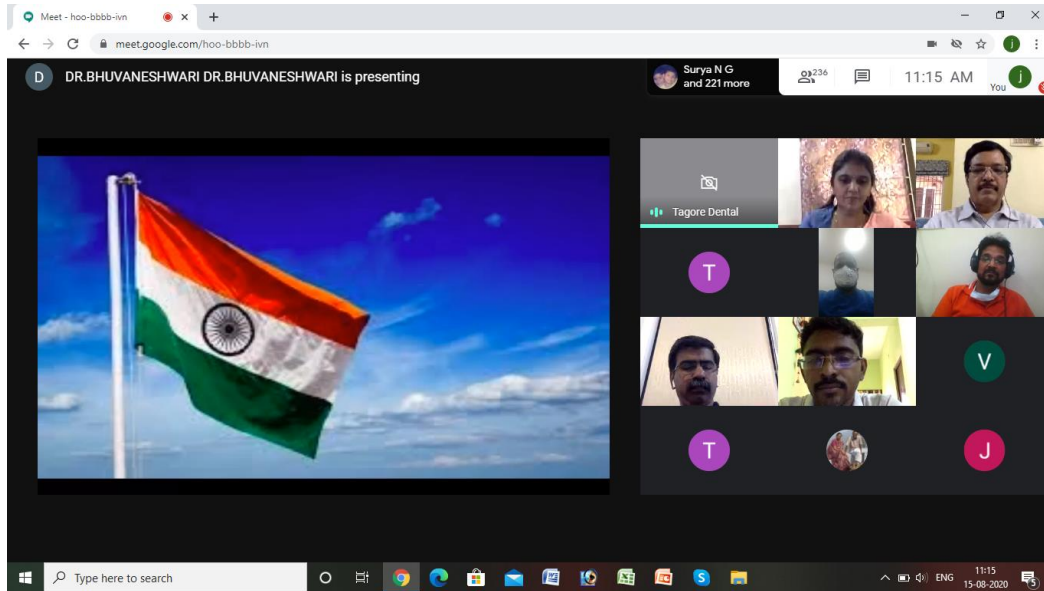
The virtual programme started by the video of flag hoisting at the college premises. Dr. C.J Venkatakrishnan, Vice Principal welcomed the gathering. This was followed by an inspiring speech by Dr. Chitraa R. Chandran, Principal and Dr. S. Balagopal, Vice Principal.

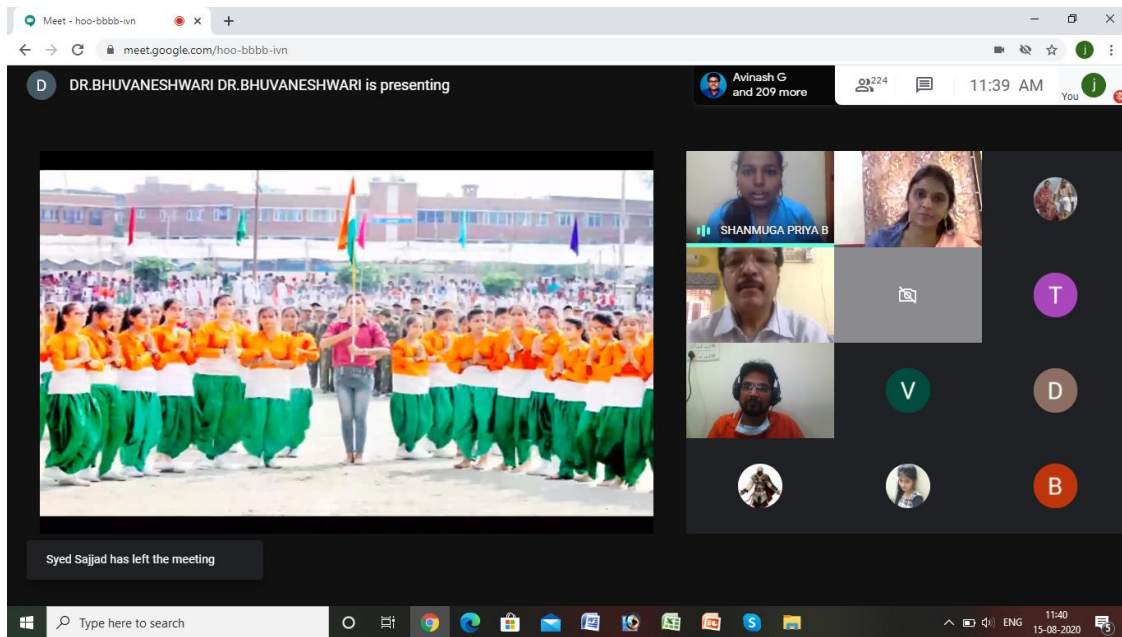
The chief guest, Mr. Ramakrishna Prasad addressed the gathering and captured the undeviated attention of all the students by his motivational and remarkable speech. He spoke about the national leaders who strived hard to get independence. He also advised students not to misuse the hard earned independence and follow the right path.

After this two students from each year briefly spoke on the present young generations' view of independence.

The programme concluded by playing the 'Vante Mataram' song and vote of thanks by Dr. Jimson, Vice Principal. The event was a grand success and was well-received and highly appreciated by all the staff and students.







Meet - hoo-bbbb-lvn - Mozilla Firefox

https://meet.google.com/hoo-bbbb-lvn?authuser=0

DR.BHUVANESHWARI DR.BHUVANESHWARI is presenting

SHABITHA G and 209 more 12:06 PM

Chrome File Edit View History Bookmarks People Tab Window Help

docs.google.com/presentation/d/1-q5R0Fu598B0... Independence day Celebration

Independence day Celebration

File Edit View Insert Format Slide Arrange Tools Add-ons Help

Happy Independence Day

Proud to be Indian

Format options

Select an object to see format options

Click to add speaker notes

meet.google.com is sharing your screen

12:06 PM

WORLD CANCER DAY



**TAGORE DENTAL COLLEGE &
HOSPITAL**

*Department of Public Health Dentistry and
Department of Oral medicine & Radiology*



10/2/21

Dr. CHITRAA R. CHANDRAN
PRINCIPAL
TAGORE DENTAL COLLEGE & HOSPITAL
THINAMANGALAM, VANDALUR POST
KOTTAVUR, CHENNAI-600 127.

(Dr. VAISHNAVI.S)



**TAGORE DENTAL COLLEGE &
HOSPITAL**

*Department of Public Health Dentistry and
Department of Oral medicine & Radiology*



VENUE	KARANAIPUDUCHERI NEAR URAPAKKAM
DATE	4TH FEBRUARY 2021
TIME	09:30 AM TO 12.30PM
PARTICIPANTS	INTERNS AND DEPARTMENT STAFF OF PUBLIC HEALTH DENTISTRY AND ORAL MEDICINE & RADIOLOGY DEPARTMENT

Cancer is one of the leading causes of morbidity and mortality worldwide with approximately 14 million new cases and it is the second leading cause of death globally which is responsible for 9.6 million deaths in 2018

Around one third of deaths from cancer are due to the 5 leading behavioral and dietary risks such as high body mass index, low

fruit and vegetable intake, lack of physical activity, tobacco use and alcohol use. These risk factors are easily modifiable by creating awareness.

Cancer can be prevented and controlled by implementing evidence-based strategies for cancer prevention, screening and early detection, treatment and palliative care.

The world cancer day was observed across the world on **February 4**, with an aim to unite the world's population in the fight against cancer and to save millions of preventable deaths by raising awareness and education about the disease, pressing governments and individuals across the world to take action.

The theme for world cancer day 2021 is

‘I Am and I Will’ which is being continued since 2019

Preventing and fighting this malaise is of paramount importance and we as a society should stand together in our fight against this scourge.

With an attempt to create awareness of cancer and to encourage its prevention, conveying the message that cancer is curable its common detection methods and treatment options available among people living in Karanaipuducheri, Department of Public Health Dentistry, and Department of Oral Medicine & Radiology, Tagore Dental College and Hospital has organized a awareness campaign at Karanaipuducheri.

Permission to conduct the awareness programme was obtained from village head.

Interns have educated the public by performing skit on causes, symptoms as well as about the prevention and treatment modalities of various types of cancer. Need for the program was explained by the village head.

Awareness speech on causes of cancer and how to overcome it about cancer prevention and lifestyle modification, early diagnosis, various types of cancer and its causes was explained by Dr.Vaishnavi, Reader, Department of Public Health Dentistry.

Speech about various dental diseases and its causes, when to visit dentist was explained by Dr.Prabhugandhi, Lecturer, Department of Oral Medicine & Radiology

Cancer screening was also done individually for all the people attended the awareness program

All the students and staff members had actively involved in creating awareness among general public on cancer prevention and treatment modalities. The response from the public was very good .It was a great eye opener for the general public as they posed all their queries about cancer prevention and got them answered. These small acts on world cancer day should have made phenomenally powerful impact this year.

Department of Public Health Dentistry and Oral Medicine & Radiology thank all the students for spreading the word and who do the work every day to create a healthier, brighter future for all.

And, to everyone who believes that a world without cancer is a world worth speaking up for.

We thank our chairperson Prof. Mala mam and our principal Dr. Chitraa. R. Chandran mam for giving us an opportunity to conduct this program.









Mandaveli Amman Koil, Vandalur R.F, Tamil Nadu 603202, India

Karnaipuducheri
Tamil Nadu
India

29°C
84°F

2021-02-04(Thu) 11:12(AM)



**WORLD ORAL HEALTH
DAY-PERIODONTICS**



TAGORE DENTAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai -600 127, Ph: 30102222

Recognized by The Dental Council of India, New Delhi

Affiliated to the Tamilnadu Dr. M.G.R. Medical University, Chennai.

DEPARTMENT OF PERIODONTICS

Email: perio@tagoredch.in

TDCH/PERIO/04/2021

DATE: 05/04/2021

CIRCULAR

General and Oral Health Awareness Programme will be conducted for students and faculty of **Tagore Engineering College** on virtual platform on **07/04/2021** to commemorate “World Health Day”.

Copy to:

IQAC

HEAD OF THE DEPARTMENT



TAGORE DENTAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai - 600 127. Ph : 044-30102222

E-mail : tagoredch@gmail.com Web site : www.tagoredch.com

Regd. Office : No.29, Mahalingapuram Street, Mahalingapuram, Chennai - 600 017. Ph : 044-28173772 / 28175144

Dr. Chitraa R. Chandran, M.D.S.,
Principal
Professor & Head of Periodontics

TDC &H/GEN/33/2021

DATE: 05.04.2021

To

The Principal
Tagore Engineering College
Chennai

Sir,

On occasion of World Health Day we would like to conduct an awareness lecture for students and screening camp for faculty on **Wednesday, 07th April 2021**. Kindly grant permission for the same.

Thanking you

Accepted

Chitraa R. Chandran
7/4/21

PRINCIPAL

TAGORE ENGINEERING COLLEGE
CHENNAI-600 0127.

[Signature]
PRINCIPAL

Residence :
Flat 4AB, Block II, Sidharth Heights,
55, Arcot Road, Saligramam,
Chennai - 600 093.
Ph : 4271 8146

Clinic :
33, Arya Gowder Road,
West Mambalam,
Chennai - 600 033.
Ph : 2489 1252

TAGORE DENTAL COLLEGE & HOSPITAL

DEPARTMENT OF PERIODONTICS

PROGRAMME CATEGORY	Public Awareness Programme
NAME OF THE PROGRAMME	World Health Day Awareness Lecture and Screening Camp
DATE	07/04/2021
DAY	Wednesday
VENUE	Tagore Engineering College
ORGANISERS	Department of Periodontics
NUMBER OF PARTICIPANTS	70+15
RESOURCE PERSON	


19/3/20
Dr. CHITRAA R. CHANDRAN
PRINCIPAL
TAGORE DENTAL COLLEGE AND HOSPITAL
RATHINAMANGALAM, VANDALUR POST,
MELAKOTTAYUR, CHENNAI-600 127.

Tagore Dental College & Hospital

Department of Periodontics

World Health Day Celebrations 2021

07.04.2021



The Department of Periodontics, Tagore Dental College celebrated World Health Day on Wednesday, 07.04.2021 under the guidance of Dr. Chitraa R Chandran, Principal and Head (Periodontics), Tagore Dental College and Hospital.

Oral Health Awareness Lecture (Google Meet)

The Department of Periodontics, Tagore Dental College organized an online health awareness lecture via Google Meet application for students of **Tagore Engineering College, Chennai**. The Speaker of the Day was Dr.B.Bhuvanewari, M.D.S., Professor, Department of Periodontics, Tagore Dental College and Hospital and she gave an enlightening talk for 30

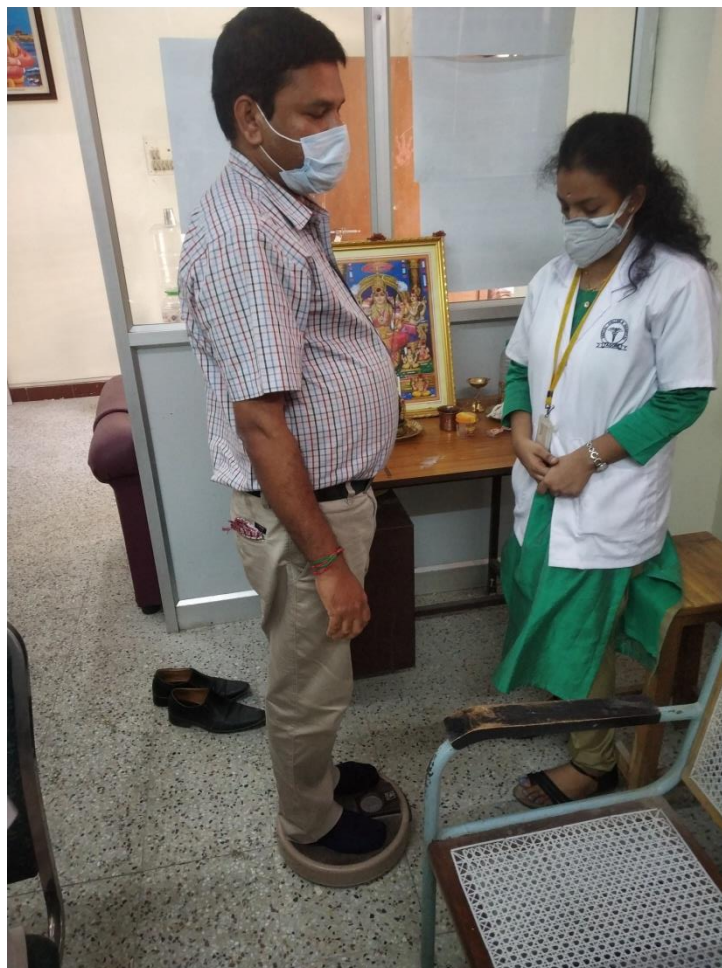
minutes focused on creating oral hygiene awareness and educating them on the systemic implications of poor oral hygiene. The lecture was attended by 70 participants.

Following the lecture, a general health awareness camp was conducted for the faculty of Tagore Engineering College. The team consisted of Dr.B.Bhuvaneshwari, Dr.T.Parthasaradhi, Dr.Juala Catherine, Dr.Vignesh Vikram and interns Ms.Rajeshwari, Ms.Preetha, Ms.Nithyashree, Ms.Navapriya, Ms.Varshini, Ms.Ragavi, Ms.Pooja, Mr.Tanish, Mr.Vijay and staff nurse Ms.Arthi.

All covid-19 protocols were strictly adhered to wherein all participants were provided hand sanitizer prior to their medical examination and all the interns were wearing gloves and N-95 masks during their interaction with participants.

Blood pressure, body weight and blood glucose levels were checked for all participants and the interns explained about the significance of any variations in these parameters to all participants. On examination, the blood glucose level for a participant was found to be 470 mg/dl and the features of diabetes mellitus was explained to the participant and advised to seek further medical advice following this.

A total of 15 participants were benefitted out of this programme.





Rathinamangalam (Tagore Engineering College), Rathinamangalam, Tamil Nadu 600048, India

Rathinamangalam
Tamil Nadu
India

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Longitude	80.131074	80°7'51" E

2021-04-07(Wed) 02:00(PM)

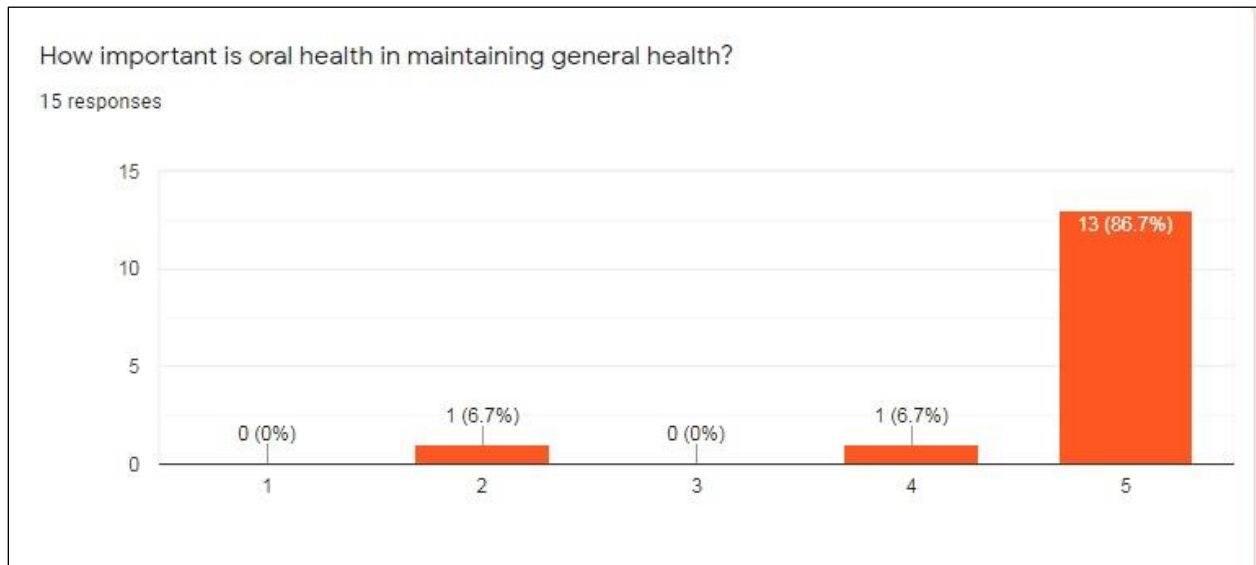
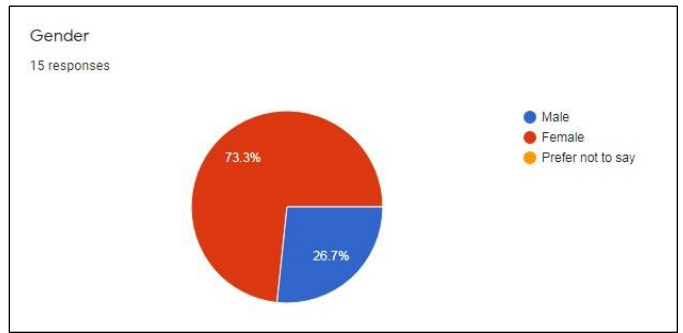
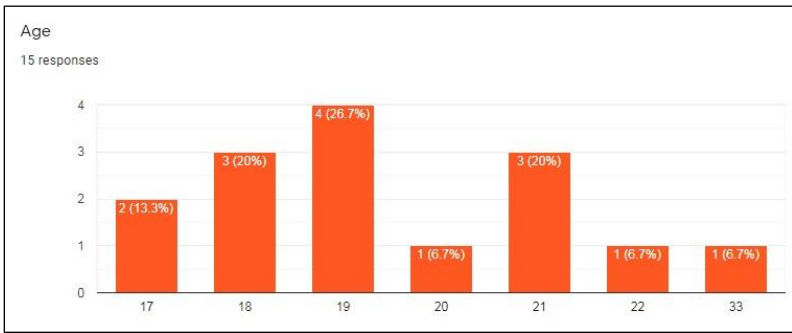


SH 121, Rathinamangalam, Tamil Nadu 600048, India

Rathinamangalam
Tamil Nadu
India

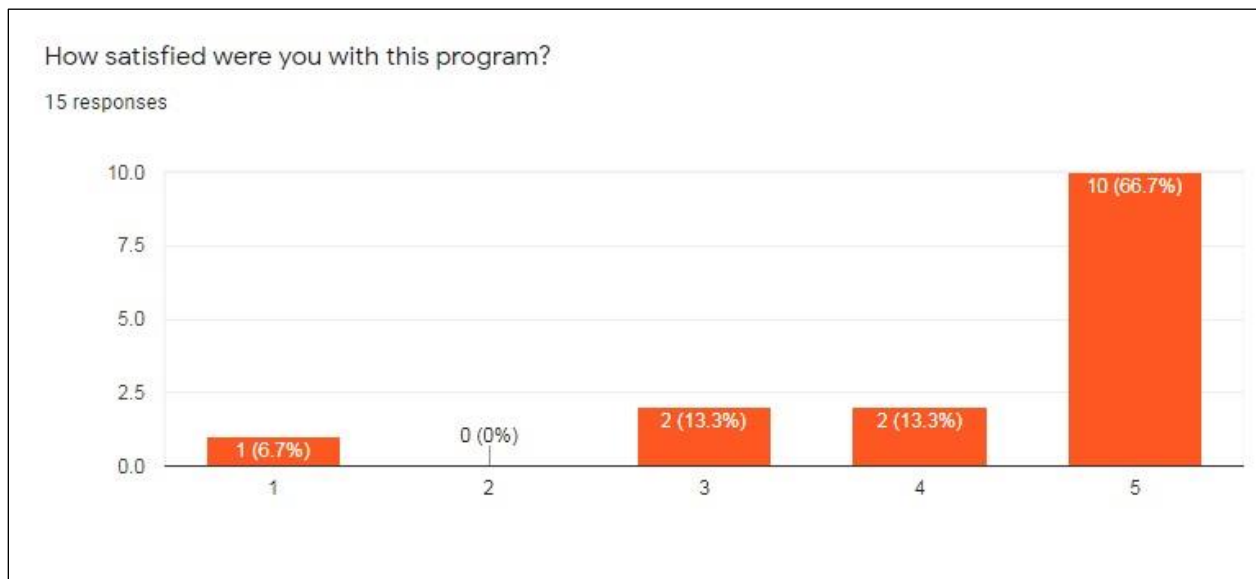
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0 – NOT MUCH

5 – VERY MUCH



**WORLD ORAL HEALTH
DAY-PUBLIC HEALTH
DENTISTRY**

TAGORE DENTAL COLLEGE & HOSPITAL



Department of Public Health Dentistry



15/04/2024

Dr. CHITRAA R. CHANDRAN
PRINCIPAL
TAGORE DENTAL COLLEGE AND HOSPITAL
RATHINAMANGALAM, VANDALUR POST,
MELAKOTTAIYUR, CHENNAI-600 127.

S. Vaidya
15/04/2024

Department of Public Health Dentistry
TAGORE DENTAL COLLEGE & HOSPITAL
Rathinamangalam, Vandalur (Post)
Chennai - 600 127.



TAGORE DENTAL COLLEGE & HOSPITAL

RATHINAMANGALAM CHENNAI - 600 127

தாகூர்
பல் கல்லூரி மற்றும் மருத்துவமனை
DEPARTMENT OF PUBLIC HEALTH DENTISTRY

“உலக சுகாதார தினம்”

World Health Day

WORLD HEALTH DAY
7th
APRIL

WORLD HEALTH DAY - REPORT 2021

PROGRAM DETAILS

PROGRAM CATEGORY	PUBLIC AWARENESS PROGRAM
NAME OF THE PROGRAM	WORLD HEALTH DAY
DATE	APRIL 07, 2021
DAY&TIME	Wednesday & 9:00 to 3:00
VENUE	TAGORE DENTAL COLLEGE AND HOSPITAL HILTON MATRICULATION SCHOOL, CHROMPET
ORGANIZERS	NSS UNIT, TAGORE DENTAL COLLEGE & HOSPITAL
NUMBER OF PARTICIPANTS	STAFF: 3 STUDENTS: 15 CRRI
NAME OF THE PARTICIPANTS	<p>Staff: Dr Vaishnavi, Dr Kumar Raja, Dr Lakshmi</p> <p>Interns: Ms Navapriya, Ms Nithyashri, MsNivetha , Ms Pavithra, Ms Pooja Ms Poorani, Ms Preetha, Ms Preethi, Mr Privthirajan, Ms Puvana Ms Ragavi, Ms Rajeswari, Mr Tanish, Ms Varshini, Mr Vijay.</p>

PROGRAM OVERVIEW

AT TAGORE DENTAL COLLEGE

1. Skit on health awareness
2. Game show
3. Interactive session with public
4. Pamphlet distribution
5. Vote of thanks

AT HILTON MATRICULATION SCHOOL, CHROMPET

1. Awareness talk
2. Examination of BMI , BP, BLOOD GLUCOSE LEVEL for the working staff of the school

PROGRAM DETAILS:

The program started with a welcome note by Dr. Lakshmi, Senior Lecturer Dept of Public Health Dentistry followed by a small skit played by the interns of our department.

The skit was performed for duration of 20 minutes; the core concepts demonstrated by the students are as follows:

1. Take care of our physical as well as mental health- talk to someone in case of depressions
2. Avoid obtaining medical information from unauthorised sources like social media platform
3. Always buy medications using valid prescriptions, do not misuse antibiotics usage through OTC
4. Breaking oral myths.
5. And finally importance of hand washing and measures for preventing COVID infection.

The hand washing technique was performed by student and the audience were asked to repeat the same to check their compliance.

The skit was followed by a small game show where different varieties of food groups were placed on the table and the audience were asked to select one group and talk about the same. Later the students explained in detail about the food groups, the nutrient it contains and its effect on our oral and general health. The response to program was quite good with about 25-30 participants in both the events.

Following this, we had an interactive session by the staff members of Public Health Dentistry department with the public to clarify their doubts and enlighten their knowledge horizon.

Pamphlets in Tamil depicting healthy habits, Covid preventive measures were distributed to the public to increase their awareness about the current situation.

The celebration came to an end with, the vote of thanks given by Dr. Vaishnavi, Reader (HOD in charge), Department of Public Health Dentistry followed by a group photo.

Later a team of 4 house surgeons along with Dr Kumar Raja, Senior Lecturer, Dept of Public Health dentistry visited Hilton Matriculation School, Chrompet to spread the awareness on healthy lifestyle and measures to combat COVID infections.

A small talk by the interns about various healthy habits was imposed to the staffs of the school using a power point presentation. Then the team examined the BMI, BP and blood glucose for both teaching and non-teaching staffs.

All the students and staff members had actively involved in creating awareness among general public on healthy lifestyle and Covid prevention. The response from the public was very good .It was a great eye opener for the general public as they posed all their queries and got them cleared through expert opinions . These small acts on world health day ensure that communities are at the forefront in decision-making processes as we move forward to a new future, and that everyone has living and working conditions that are conducive to good health.

NSS unit of Tagore dental college and hospital heart fully thank all the students for their active participation in making the program a grand success.

PHOTOS



Tagore Medical College & Hospital Tiruch Girls Hostel, 600045, Rathinamangalam, Tamil Nadu 600045, India

Rathinamangalam
Tamil Nadu
India

2021-04-07(Wed) 10:39(am)

31°C
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Tagore Medical College & Hospital Tiruch Girls Hostel, 600045, Rathinamangalam, Tamil Nadu 600045, India

Rathinamangalam
Tamil Nadu
India

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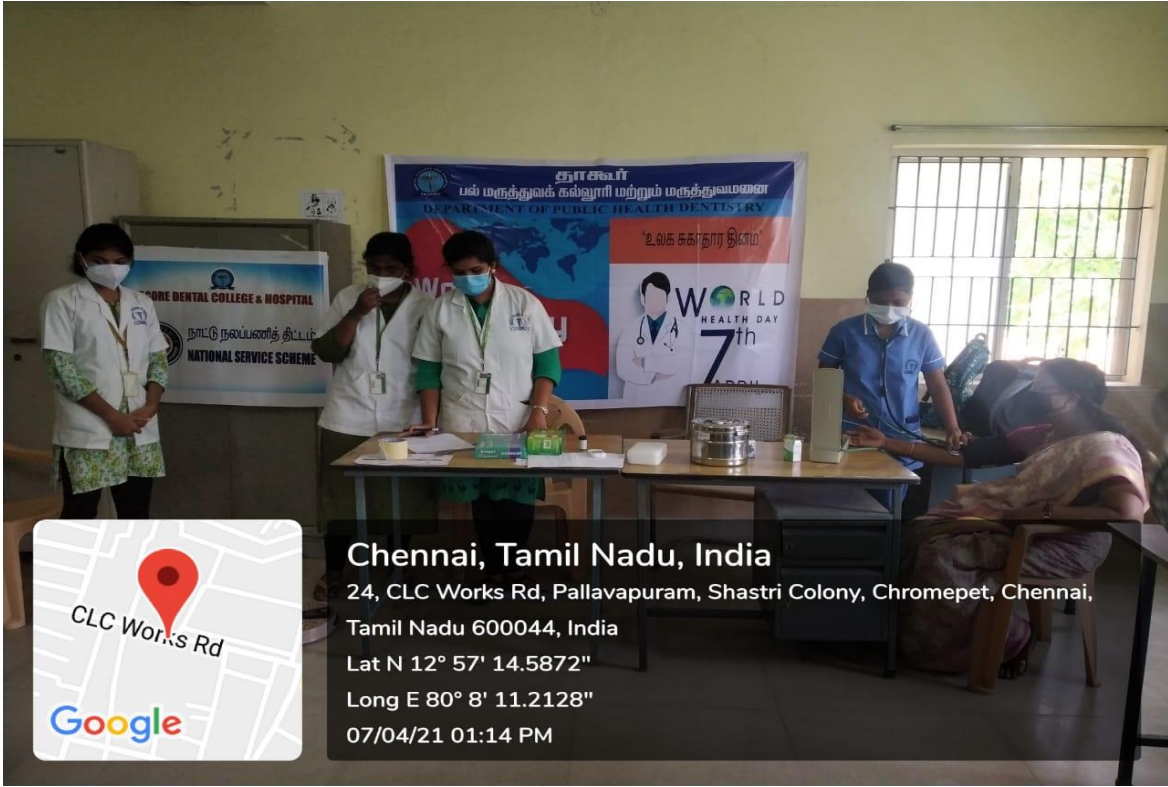
Tagore Medical College & Hospital Trich Girls Hostel, வள்ளுர்-தாமிரவருடம் அம்மை, Rathinamangalam, Tamil Nadu 600048, India

Rathinamangalam
Tamil Nadu
India
2021-04-07(Wed) 10:53(am)
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Tagore Medical College & Hospital Trich Girls Hostel, வள்ளுர்-தாமிரவருடம் அம்மை, Rathinamangalam, Tamil Nadu 600048, India

Rathinamangalam
Tamil Nadu
India
2021-04-07(Wed) 10:59(am)
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88°F



Chennai, Tamil Nadu, India

24, CLC Works Rd, Pallavapuram, Shastri Colony, Chromepet, Chennai,

Tamil Nadu 600044, India

Lat N 12° 57' 14.5872"

Long E 80° 8' 11.2128"

07/04/21 01:14 PM



Chennai, Tamil Nadu, India

24, CLC Works Rd, Pallavapuram, Shastri Colony, Chromepet, Chennai,

Tamil Nadu 600044, India

Lat N 12° 57' 14.5872"

Long E 80° 8' 11.2128"

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FEEDBACK FORM

DATE- 7.4.2021

PROGRAM- WORLD HEALTH DAY

பெயர்: D. Jayakumar வயது: 53

	ஒப்புக்கொள்கிறேன்	நடுநிலை	ஒப்புக்கொள்ளவில்லை
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நிகழ்ச்சி நடத்தப்பட்ட விதம் எனக்கு பிடித்திருந்தது	✓		

வேறு எந்த மதிப்புமிக்க கருத்துகள் / பரிந்துரைகள்:

D. Jayakumar.

FEEDBACK FORM

DATE- 7.4.2021

PROGRAM- WORLD HEALTH DAY

பெயர்: SNEHA வயது: 21

	ஒப்புக்கொள்கிறேன்	நடுநிலை	ஒப்புக்கொள்ளவில்லை
நிரல் தகவலறிந்ததாக இருந்தது	Yes	-	-
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நிகழ்ச்சி நடத்தப்பட்ட விதம் எனக்கு பிடித்திருந்தது	Yes	-	-

வேறு எந்த மதிப்புமிக்க கருத்துகள் / பரிந்துரைகள்:

Sneha.T.

FEEDBACK FORM

DATE- 7.4.2021

PROGRAM- WORLD HEALTH DAY

பெயர் :

வயது:

பெயர் : 39	வயது:	நடுநிலை	ஒப்புக்கொள்ளவில்லை
நிரல் தகவலறிந்ததாக இருந்தது	ஒப்புக்கொண்டேன்		
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நிகழ்ச்சி நடத்தப்பட்ட விதம் எனக்கு பிடித்திருந்தது	✓		

வேறு எந்த மதிப்புமிக்க கருத்துகள் / பரிந்துரைகள்:

க.குணசு குேலி

FEEDBACK FORM

DATE- 7.4.2021

PROGRAM- WORLD HEALTH DAY

பெயர்: சூனிமன் வயது: 40

R. D. S.

	ஒப்புக்கொள்கிறேன்	நடுநிலை	ஒப்புக்கொள்ளவில்லை
நிரல் தகவலறிந்ததாக இருந்தது	✓		
நிரன் உள்ளடக்கம் எனது தற்போதைய அறிவை மேம்படுத்தியது	✓		
நிரன் ஒவ்வொரு பகுதியையும் என்னால் புரிந்து கொள்ள முடிந்தது	✓		
நிகழ்ச்சி நடத்தப்பட்ட விதம் எனக்கு பிடித்திருந்தது	✓		

வேறு எந்த மதிப்புமிக்க கருத்துகள் / பரிந்துரைகள்:

FEEDBACK FORM

DATE- 7.4.2021

PROGRAM- WORLD HEALTH DAY

பெயர் : ப.பாலாஜி வயது: 26

	ஒப்புக்கொள்கிறேன்	நடுநிலை	ஒப்புக்கொள்ளவில்லை
நிரல் தகவலறிந்ததாக இருந்தது	✓		
நிரலின் உள்ளடக்கம் எனது தற்போதைய அறிவை மேம்படுத்தியது	✓		
நிரலின் ஒவ்வொரு பகுதியையும் என்னால் புரிந்து கொள்ள முடிந்தது	✓		
நிகழ்ச்சி நடத்தப்பட்ட விதம் எனக்கு பிடித்திருந்தது	✓		

வேறு எந்த மதிப்புமிக்க கருத்துகள் / பரிந்துரைகள்:

B. Balaji

NATIONAL YOUTH DAY



TAGORE DENTAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai - 600 127. Ph : 30102222

Email : tagoredch@gmail.com Website : www.tagoredch.com

Recognized by The Dental Council of India, New Delhi
Affiliated to the Tamilnadu Dr. M.G.R. Medical University, Chennai.

OFFICE ORDER/NO.02/2021

DATE: 06.01.2021

CIRCULAR

On account of birth anniversary of Swami Vivekananda on 12th January and **National Youth Day**, our college is organizing speech competition (English/Tamil) for students and teaching staff on **Arise! Awake! And stop not until the goal is reached** at our college auditorium on 12th January at 10.AM and also online. Requesting everyone's enthusiastic participation in this program for paying homage to the man of faith and wisdom on his jayanthi.

Speech will be given by the staff and students on the following topics

1. Inspiring stories of Swami Vivekananda's life- Dr. Mahalakshmi (PHD)-Tamil
2. Channelizing Youth Power for Nation Building
(Theme of 2021- National Youth Day)
3. Recitations of Swami Vivekananda
4. Education-A powerful weapon
5. Swami Vivekananda's ideologies on vision to success


6/1/21
PRINCIPAL

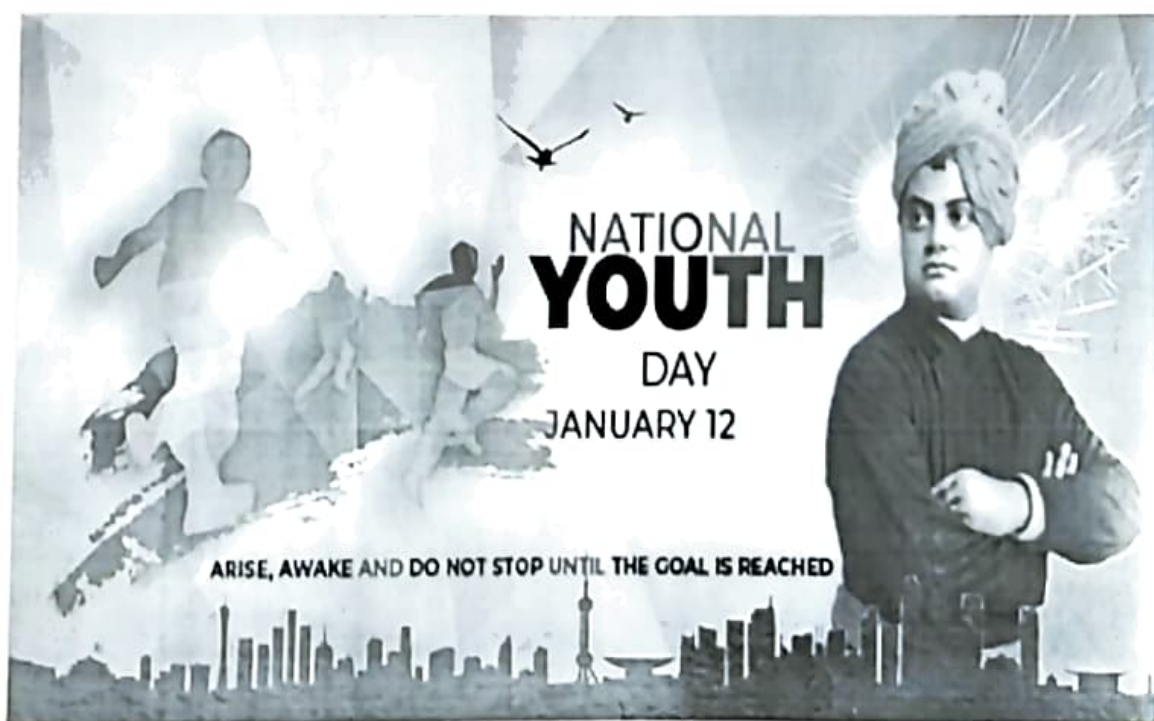


TAGORE DENTAL COLLEGE & HOSPITAL

Department of Public Health Dentistry

“NATIONAL YOUTH DAY”

TAGORE DENTAL COLLEGE AND HOSPITAL
DEPARTMENT OF PUBLIC HEALTH DENTISTRY
NATIONAL SERVICE SCHEME (NSS)



12/21
Dr CHITRAA R. CHANDRAN
PRINCIPAL
TAGORE DENTAL COLLEGE & HOSPITAL
RATHINAPANTHUR, CHANDALUR PO, T
MELUR, TIRUPUR DISTRICT, TAMIL NADU

↓
S. V. V.
01/02/2021

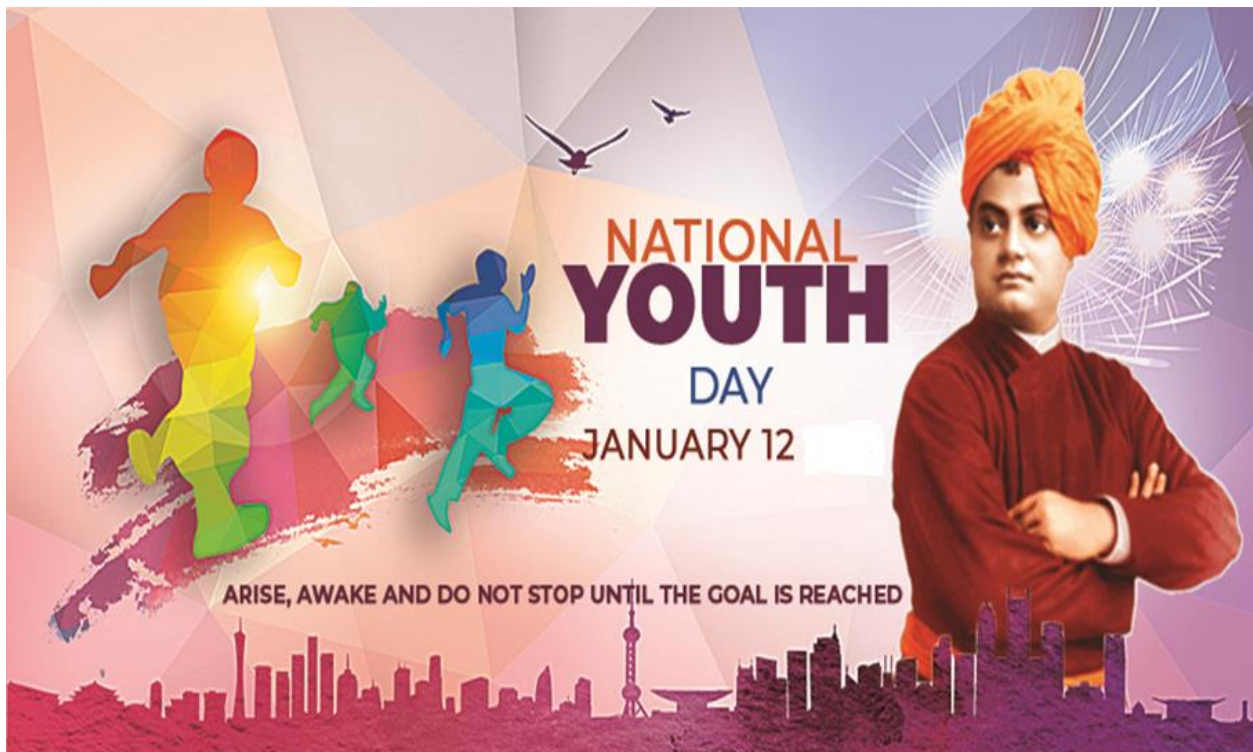


TAGORE DENTAL COLLEGE & HOSPITAL

Department of Public Health Dentistry

“NATIONAL YOUTH DAY”

**TAGORE DENTAL COLLEGE AND HOSPITAL
DEPARTMENT OF PUBLIC HEALTH DENTISTRY
NATIONAL SERVICE SCHEME (NSS)**



DEPARTMENT OF PUBLIC HEALTH DENTISTRY

VENUE	DR.APJ ABDUL KALAM AUDITORIUM, TAGORE DENTAL COLLEGE AND HOSPITAL
DATE	12TH JANUARY 2021
TIME	10.00AM– 11.30AM
PARTICIPANTS	INTERNS AND STAFF OF TAGORE DENTAL COLLEGE AND HOSPITAL
NO OF FACULTY MEMBERS AND STUDENTS PARTICIPATED	89 STUDENTS AND 43 FACULTY MEMBERS

“Arise! Awake! And stop not until the goal is reached!”

On account of the birth anniversary of Swami Vivekananda on 12th January, the Government of India had declared this day as **National Youth Day** since 1985 and this event is celebrated in India every year. The main aim of the Government is to pave a better future for the country by motivating the youth. The theme of national youth day 2021 is ‘**Channelizing Youth Power for Nation Building**’. On this auspicious day the Department of Public Health Dentistry and National Service Scheme (NSS) of Tagore Dental College and Hospital conducted a programme on National Youth Day on Tuesday, 12.01.2021 at Dr. APJ Abdul Kalam auditorium in Tagore Dental College. Around 89 students and 43 faculty members had participated in the program.

The program was started at 10.AM and welcome address was delivered by the principal Dr.Chitraa R. Chandran followed by the speech competition in both tamil and English on **Arise! Awake! And stop not until the goal is reached.** Speech competition was conducted in both online and offline mode. Students and staff members have actively participated in the program.

Staff and students also delivered their speech on the following topics

1. Inspiring stories of Swami Vivekananda’s life-Dr.Mahalakshmi-Dept of Public Health Dentistry
2. Channelizing Youth Power for Nation Building (Theme of 2021- National Youth Day)- Dr.Virudhambal- Dept of Public Health Dentistry
3. Recitations of Swami Vivekananda-Aiswarya(Intern)
4. Education-A powerful weapon-Bhuvaneshwari(Intern)
5. Swami Vivekananda’s ideologies on vision to success-Badri(Intern)

A motivational speech was also delivered by Dr.Venkatakrishnan, Vice principal (admin) of Tagore Dental College and Hospital.

All the participants were awarded with the certificates which were given by the heads of various departments.

The program came to an end with Vote of thanks delivered by Dr.Vaishnavi, Reader, Department of Public Health Dentistry. All the students and staff members were asked to disperse at around 11.30 AM having witnessed an absorbing and fulfilling youth day program. We thank our chairperson Prof. Mala mam and our principal Dr. Chitraa.R. Chandran mam for giving us an opportunity to conduct this program.









TAGORE DENTAL COLLEGE AND HOSPITAL
DEPARTMENT OF PUBLIC HEALTH DENTISTRY
NATIONAL SERVICE SCHEME (NSS)

TAGORE DENTAL COLLEGE AND HOSPITAL
DEPARTMENT OF PUBLIC HEALTH DENTISTRY
NATIONAL SERVICE SCHEME (NSS)

NATIONAL
YOUTH
DAY
JANUARY 12
AWAKE AND DO NOT STOP UNTIL THE GOAL IS REACHED

Tagore dental, college, --



Longitude Latitude
80.138° E 12.8603° N

31° C

Tuesday, 12, Jan, 2021 11:00 AM

TAGORE DENTAL COLLEGE AND HOSPITAL
DEPARTMENT OF PUBLIC HEALTH DENTISTRY

NATIONAL YOUTH DAY - 2021

ATTENDANCE LIST

S.NO	NAME	SIGNATURE
1.	Dr. Jayaprakash	J. Jayaprakash
2.	Dr. S. Prabanna	S. Prabanna
3.	Dr. Prabhakali. D	D. Prabhakali
4.	DR. VIGNESH VIKRAM	Vignesh
5.	V. Jai Senthom Manikanda	V. Jai Senthom
6.	Dr. L. Pravina Aruanda	L. Pravina
7.	Dr. Lavanya. B	Lavanya
8.	Dr. SUBBASHINI	S. Subbashi
9.	Dr. Gayathri. K	K. Gayathri
10.	Dr. Juala Catherine	J. Juala
11.	Dr. Mahalabehmi.	M. Mahalabehmi
12.	Dr. S. Parvathi.	S. Parvathi
13.	Dr. DEEPIKA. C.	Deepika
14.	Dr. R. PRIYADARSHINI	R. Priyadarshini
15.	Dr. VINAY SUNDAR	Vinay Sundar
16.	Dr. Suckanya. P.	S. Suckanya
17.	DR. VIVEK RAJASIMHAN	V. Vivek
18.	Dr. R. RAJESH	R. Rajesh
19.	Dr. Sunil Varma	S. Sunil

TAGORE DENTAL COLLEGE AND HOSPITAL
DEPARTMENT OF PUBLIC HEALTH DENTISTRY

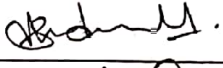
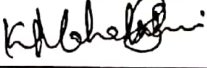
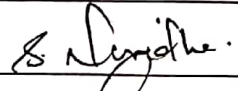
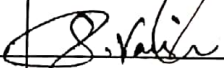

NATIONAL YOUTH DAY - 2021

ATTENDANCE LIST

S.NO	NAME	SIGNATURE
19.	TAMIZHESAI	BAL
20.	NIPHYA.J	Nathy J
21.	J. VANJULAYAL	Vanjula
22.	Dr. C. CHARANYA	Charanya
23.	Dr. S. DAVID	S. David
24.	DR. N. NITHYARAJAN	N. Nithya
25.	Dr. Helen Abraham	Helen
26.	Dr. JACOB. M. PHILIP	JH
27.	DR. S. BALAKOPAL	S. Balakopal
28.	Dr. Parameswaran T.M	Parameswaran
29.	Dr. SHANTHINI PRIYA. A	A. Shanthini Priya
30.	Dr. K. Balaji	K. Balaji
31.	Dr. Bharathi	Bharathi
32.	Dr. A. NADHINI	A. Nadini
33.	Dr. G. S. ASOKAN	G. S. Asokan
34.	DR. P. SAI KRISHNA	P. Sai Krishna
35.	Dr. S. SIMON	S. Simon
36.	Dr. C. J. Venkateshwarar.	C. J. Venkateshwarar

**TAGORE DENTAL COLLEGE AND HOSPITAL
DEPARTMENT OF PUBLIC HEALTH DENTISTRY**

**NATIONAL YOUTH DAY - 2021
ATTENDENCE LIST**

S.NO	NAME	SIGNATURE
1.	Dr. S. Virudambal	
2.	Dr. K. Mahalakshmi	
3.	Dr. Nivedha Subburaman	
4.	Dr. VAISHNAVI	
5.	Dr. B. KUMARA RAJA	

TAGORE DENTAL COLLEGE AND HOSPITAL
DEPARTMENT OF PUBLIC HEALTH DENTISTRY

NATIONAL YOUTH DAY - 2021

ATTENDANCE LIST

SNO	NAME	SIGNATURE
1.	Balthari E	S.B.H.
2.	Araspath Roman	R. Araspath
3.	R. Soorya Kumar	R. Soorya
4.	R. Anjana Devi	Anjana Devi
5.	J. Ida Ethel Clara	J. Ida
6.	M. Saomlya	M. Saomlya
7.	L. Catherine Angel	L. Catherine
8.)	Rajal Babji	Rajal
9)	Bhuvaneshwari	R. Bhuvaneshwari
10)	Ayushwari	Ayushwari
11)	Deepika . S	Deepika . S
12)	Deivanai	M. Deivanai
13.	Anitha P	Anitha P
14)	G. Ramya	G. Ramya
15.	B. A. Ragavi	B. A. Ragavi
16.	INUL JARIA	INUL JARIA
17.	P. Gautam	P. Gautam
18.	Ilakkiya	Ilakkiya

TECHNICAL STAFF OF COLLEGE AND HOSPITAL
 DEPARTMENT OF PUBLIC HEALTH AND HOSPITAL
 DEPARTMENT OF PUBLIC HEALTH DENTISTRY

NATIONAL SERVICE DAY - 2021

ATTENDING LIST

SNO	NAME	SIGNATURE
19	B. Jagan Mohan	B. Jagan Mohan
20	Srinivasan	Srinivasan
21	Srinivasan S. A. S.	Srinivasan
22	Sandhya	Sandhya
23	Dasan Kumar I. A. I.	I. Dasan
24	Mahalingam R.	R. Mahalingam
25	Srinivasan R. R.	R. Srinivasan
26	Syed Ali Jafar Maficla A.	A. Maficla
27	Madhurima B.	B. Madhurima
28	V. Anand P.	P. Anand
29	G. Jagan Mohan	G. Jagan Mohan
30	M. Rishi	M. Rishi
31	Vishal	Vishal
32	Vijay Shankar	Vijay Shankar

TAGORE DENTAL COLLEGE AND HOSPITAL
DEPARTMENT OF PUBLIC HEALTH DENTISTRY

NATIONAL YOUTH DAY - 2021

ATTENDANCE LIST

S.NO	NAME	SIGNATURE
19.	R. JANANI-SRIJA	R. Janani
20.	SASHANGAN	Sashangan
21	SHERIN BAGY	Sherin
22.	Sandhya	Sandhya
23.	Boor unny Fasiq . I	Boor unny
24.	Mahalakshmi . R	M. Mahal
25.	Swetha . B . R	Swetha
26.	Syed ali fakima Hafeela . A	Syed ali
27.	Madhumitha , S	Madhumitha
28.	MANIMOZHI . P	Manimozhi
29.	G. Porakooli.	G. Porakooli
30.	M. Prabha.	M. Prabha
31)	Zulakha .	Zulakha
32.	Vijay Shankar	Vijay Shankar

TAGORE DENTAL COLLEGE AND HOSPITAL
DEPARTMENT OF PUBLIC HEALTH DENTISTRY

NATIONAL YOUTH DAY - 2021
ATTENDENCE LIST

S.NO	NAME (ONLINE)	SIGNATURE
1.	Amara Deepika	
2.	Umamaheshwari	
3.	Thamara	
4.	Akilarb	
5.	Nisha	
6.	Abisami	
7.	Mohammed shahid	
8.	Tanani	
9.	Sasikala	
10.	Sabreen	
11.	Hemavathy	
12.	Nisha	
13.	Fenisha	
14.	Vasundhra	
15.	Keethana	
16.	Ram Kumar	
17.	Gopikka	
18.	Dinesh	
19.	Sneha	

TAGORE DENTAL COLLEGE AND HOSPITAL
DEPARTMENT OF PUBLIC HEALTH DENTISTRY

NATIONAL YOUTH DAY - 2021

ATTENDANCE LIST

S.NO	NAME	SIGNATURE
20.	Charulatha	
21.	Karpaga Priya	
22.	Gayatri Dena	
23.	Srinithi	
24.	Bhawitha	
25.	Celcia Sekar	
26.	Kishore	
27.	Vidhya	
28.	Rohit Kumar	
29.	Anushuja	
30.	Jagadeesh	
31.	Yamuna	
32.	Faizal	
33.	Ajitha	
34.	Abittha	
35.	Sundara Kannan	
36.	Nogana Preya	
37.	Gowtham	
38.	Sumanamalika	

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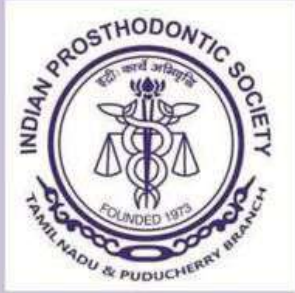
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1002: Cyprian
1003: [illegible]
1004: [illegible]
1005: [illegible]
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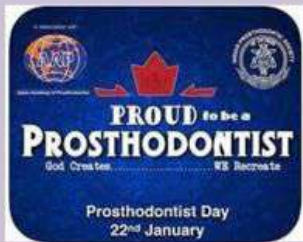
TAGORE DENTAL COLLEGE AND HOSPITAL
DEPARTMENT OF PUBLIC HEALTH DENTISTRY

NATIONAL YOUTH DAY - 2021
ATTENDENCE LIST

S.NO	NAME	SIGNATURE
39.	Leena	
40.	Cynthia	
41.	Sharon	
42.	Nrupama	
43.	Danish Kumar	
44.	Natchalia	
45.	Sivaprasath	
46.	Naveen Paul Singh	
47.	Shanmuga Priya	
48.	Pragadeeshwaran	
49.	Keishna Nootli	
50.	Sajida Selvam	
51.	Haini	
52.	Seidithi	
53.	Aroki Alice	
54.	Kishore	
55.	Such'ita	
56.	Rubachar	
57.	Ami tha	



TAGORE DENTAL COLLEGE & HOSPITAL
DEPARTMENT OF PROSTHODONTICS



Wishes to announce
E-POSTER COMPETITION
On the occasion of
PROSTHODONTIST DAY
22 nd JANUARY

TOPIC :
IMPORTANCE OF PROSTHODONTIST

Last date for submission of poster abstract is
18th January 2021.

The selected posters authors will be informed by
19th January 2021.

The E-poster presentation & RESULTS will be
announced on 22nd January .

VENUE :

AUDITORIUM at TAGORE DENTAL COLLEGE.

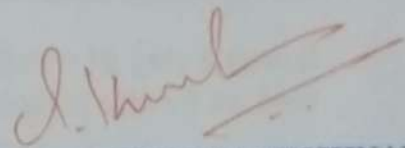


PROSTHODONTIST DAY

22.01.2021

Date	22.01.2021
Venue	Tagore Dental College & Hospital
Organising department	Prosthodontics
Theme/ Focus	Prosthodontist Day Celebration


Dr. CHITRAA R. CHANDRAN
PRINCIPAL
TAGORE DENTAL COLLEGE & HOSPITAL
RATHINAMANGALAM, VANDALUR POST
MELAKOTTAIYUR, CHENNAI-600 127.


Dr. C.J. VENKATA KRISHNAN
PROF. & HOD
Department of Prosthodontics
TAGORE DENTAL COLLEGE AND HOSPITAL
Rathinamangalam, Vandalur (p.o)
Chennai-600 127.

PROSTHODONTIST DAY

22.01.2021

Date	22.01.2021
Venue	Tagore Dental College & Hospital
Organising department	Prosthodontics
Theme/ Focus	Prosthodontist Day Celebration

Prosthodontists day

22.01.2021

Tagore Dental College & Hospital Rathinamangalam

On 22nd January 2021, Prosthodontics day was celebrated in an enthusiastic way by the students and staffs of Tagore dental college organised by the Department of Prosthodontics.

The program started with an introduction by Dr.C.J.Venkatakrishnan HOD Department of Prosthodontics.

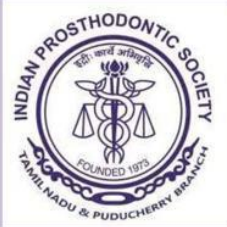
Posters depicting the prosthodontist day was placed in the college. It was a proud moment for the prosthodontists to cherish.

The day was filled with E-POSTER competitions for the post graduate students.

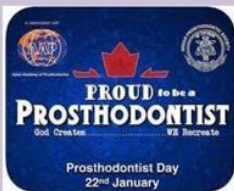
JUDGE	DR.SAI KRISHNA
TOPIC	"Importance of Prosthodontist"
1st PRIZE	Dr.Pavithra PG 1 st year

It was a day of celebration and knowledge at the college for the students as well as for the patients.

A LOOK AT THE DAY



TAGORE DENTAL COLLEGE & HOSPITAL
DEPARTMENT OF PROSTHODONTICS



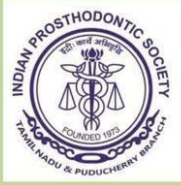
Wishes to announce
E-POSTER COMPETITION
On the occasion of
PROSTHODONTIST DAY
22 nd JANUARY

TOPIC :
IMPORTANCE OF PROSTHODONTIST

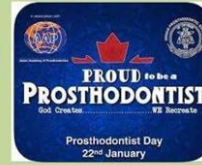
Last date for submission of poster abstract is
18th January 2021.
The selected posters authors will be informed by
19th January 2021.
The E-poster presentation & RESULTS will be
announced on 22nd January .



VENUE :
AUDITORIUM at TAGORE DENTAL COLLEGE.



**INDIAN PROSTHODONTIC SOCIETY
TAMIL NADU & PUDUCHERRY BRANCH**



Invites you

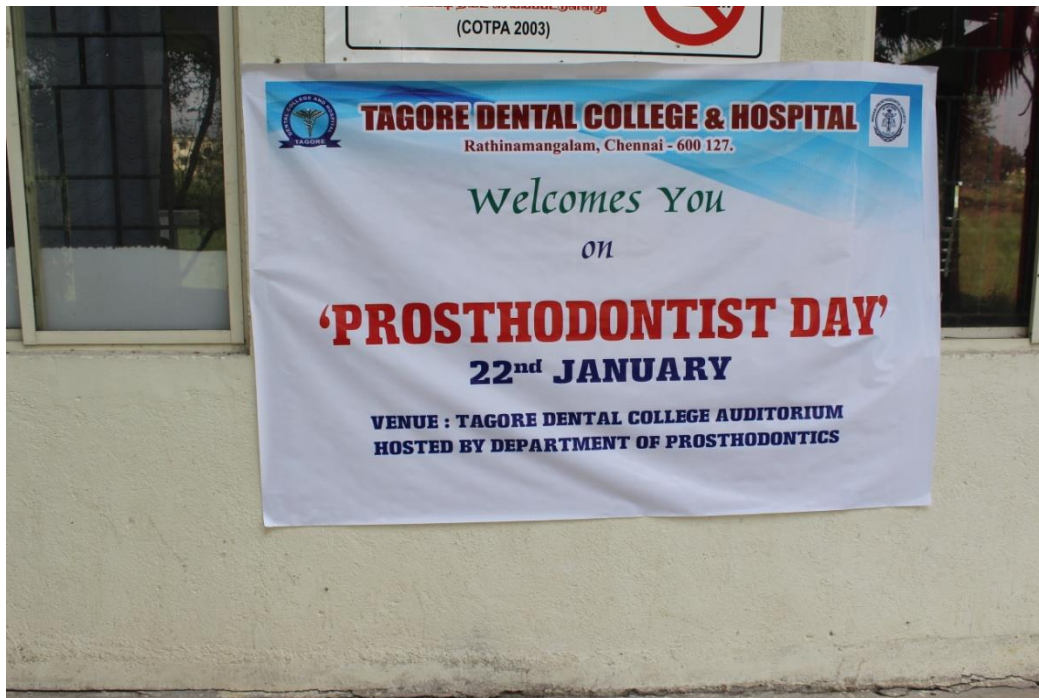
To the celebration of

PROSTHODONTIST DAY

22nd JANUARY



God Creates..... WE Recreate











PROSTHODONTICS DAY

**REPUBLIC DAY
CELEBRATION**

TAGORE DENTAL COLLEGE AND HOSPITAL
REPUBLIC DAY CELEBRATION 26/01/2021

PROGRAM AGENDA

Tamilthaai Vaazhthu

Welcome address - Vice Principal (Admin)

Flag Hoisting

Republic day speech – Principal

Speech by student

Vote of thanks- Vice Principal (Research)

National Anthem

To commemorate the 72nd republic day, flag hoisting ceremony was organized in the college premises. It was attended by 70 students and around 20 teaching and non-teaching staff members. The program started at 9.45 AM with the tamilthaai vaazhthu. This was followed by welcome address by Dr. C.J Venkatakrisnan, Vice Principal (Admin). The flag was hoisted by Principal, Dr. Chitraa R. Chandran and this was followed by the republic day speech which enlightened the students on the importance of being responsible citizens of the country. On behalf of the student community Ms. Preetha, IV BDS gave a brief speech on the significance of republic day. The program concluded by the vote of thanks given by Dr. S. Jimson, Vice Principal (Research) and with the solemn playing of the National anthem.


10/1/21

TAGORE DENTAL COLLEGE AND HOSPITAL

REPUBLIC DAY CELEBRATION 26/01/2021

PROGRAM AGENDA

Tamilthaai Vaazhthu

Welcome address - Vice Principal (Admin)

Flag Hoisting

Republic day speech – Principal

Speech by student

Vote of thanks- Vice Principal (Research)

National Anthem

To commemorate the 72nd republic day, flag hoisting ceremony was organized in the college premises. It was attended by 70 students and around 20 teaching and non-teaching staff members. The program started at 9.45 AM with the tamilthaai vaazhthu. This was followed by welcome address by Dr. C.J Venkatakrisnan, Vice Principal (Admin). The flag was hoisted by Principal, Dr. Chitraa R. Chandran and this was followed by the republic day speech which enlightened the students on the importance of being responsible citizens of the country. On behalf of the student community Ms. Preetha, IV BDS gave a brief speech on the significance of republic day. The program concluded by the vote of thanks given by Dr. S. Jimson, Vice Principal (Research) and with the solemn playing of the National anthem.







PERIODONTISTS DAY



TAGORE DENTAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai -600 127, Ph: 30102222

Recognized by The Dental Council of India, New Delhi

Affiliated to the Tamilnadu Dr. M.G.R. Medical University, Chennai.

DEPARTMENT OF PERIODONTICS

Email: perio@tagoredch.in

TDCH/PERIO/06-2021

11/05/2021

CIRCULAR

To commemorate Periodontist's Day on 12th May 2021, the C.R.R.I are encouraged to prepare posters on importance of oral health maintenance and awareness. The best poster will be evaluated and awarded.

d. h. s.
11/05/21

foc
R. P. S.
11/05/2021
(Head of Department)

TAGORE DENTAL COLLEGE & HOSPITAL
DEPARTMENT OF PERIODONTICS

NAME OF THE PROGRAMME	Periodontists Day
DATE	12/05/2021
DAY	Wednesday
VENUE	Tagore Dental College
ORGANISERS	Dept of Periodontics
NUMBER OF PARTICIPANTS	89 (C.R.R.I.)
RESOURCE PERSON	Dr.Bhuvaneswari

Tagore Dental College & Hospital

Department of Periodontics

Periodontists Day Celebrations 2021

12.05.2021

The Department of Periodontics, Tagore Dental College celebrated Periodontists Day on Wednesday, 12.05.2021.

The Department of Periodontics, Tagore Dental College organized an online poster presentation competition for the C.R.R.I students. The topic given for the poster was – Importance of Oral Hygiene Maintenance and Periodontics as a Career Option.

A total of 89 participants prepared 12 wonderful posters depicting the significance of oral hygiene maintenance and the role of periodontist in oral health.

The posters were judged by Dr.Chitraa R.Chandran and 3 best posters were selected.

1st Prize

PERIODONTIST TO BE...

Importance as a postgraduate subject

ROLE OF PERIODONTIST

PREVENTION: BRUSH YOUR TEETH TWICE A DAY, FLOSS DAILY, DENTURE CARE, PERIODONTAL PROPHYLAXIS

DIAGNOSIS: CLINICAL, RADIOGRAPHIC

TREATMENT: PERIODONTAL DEBRIDEMENT, PERIODONTAL SURGERY, PERIODONTAL LASER THERAPY, PERIODONTAL TISSUE REGENERATION

ESTHETICS: SOFT TISSUE SMILE DESIGNING, IMPLANTS, TOOTH ENHANCEMENT RESTORATION

BIOPHOTONICS, PERIO VACCINE, STEM CELL THERAPY

TISSUE ENGINEERING: Periodontal tissue regeneration

FORENSICS: Age estimation using Tooth Cementum Annulations

PROSTHO: Prosthetic designs conducive to periodontal health

ORTHO: Periodontally accelerated orthostegic orthodontics

EXPANDING SCOPE OF PERIODONTICS

Better Teeth, Better health

We Care About Your Smile

COVID 19 complications was significantly higher among patients with moderate-severe periodontitis

By 'C' batch

ROAD MAP TO SUCCESS IN PERIODONTICS

2nd Prize

HEALTH MAINTENANCE AND AWARENESS

What Happens with Periodontal Disease?

- Healthy tooth & gum tissue**
- Gingivitis** - Swollen, red, tender gums that bleed easily
- Periodontitis** - Infection that causes the gums to pull away from the teeth, forming pockets
- Advanced Periodontitis** - Severe infection that causes the bone around the teeth to be lost

Prevention and Treatments for Top 10 Mouth Problems

Toothache Indicates a cavity or a symptom of gum disease. It could also be a sign of an abscess or impacted tooth.	Sensitive Teeth Teeth hurt when you consume hot or cold drinks. It could be due to tooth decay, worn tooth enamel, gum disease or receding gums.
Bleeding Gums It can be a sign of gingivitis, an early stage of gum disease or the outcome of brushing too hard.	Mouth Sores It could be a symptom of disease, bacterial infection, viruses or irritation caused by braces or sharp edges of a broken tooth.
Bad Breath Can be triggered by what you eat, poor oral hygiene, dry mouth and smoking. Persistent bad breath can be a sign of gum disease.	Jaw Pain Possible causes may include sinus problems, toothache, teeth grinding, gingivitis or TMJ disorder.
Dry Mouth A symptom of a disorder or side effects of medication. Dry mouth may result in both decay and bad breath.	Oral Piercing Infection Signs of infection include swelling, fever, chills or red-swollen look around the pierced area.
Broken Teeth The crack is invisible to the naked eye but is painful and can create larger issues if left untreated.	Discoloured Teeth The result of eating certain foods like curries, or tobacco use, aging, genetics or medications.

Causes of Bad Breath

Causes of bad breath include: Poor oral hygiene, Dry mouth, Sinusitis, Allergies, Smoking, Alcohol consumption, Medication, Systemic diseases, Poor diet, Poor dental care, Poor oral hygiene.

CAREER OPPORTUNITIES IN PERIODONTICS

ROAD MAP TO SUCCESS IN PERIODONTICS

Periodontal Status	Minimal Oral Hygiene Recommendations
Healthy	Brushing, flossing, tongue cleaning
Gingivitis	Brushing, flossing, tongue cleaning, antiseptic mouthwash
Slight Periodontitis	Brushing, flossing, tongue cleaning, antiseptic mouthwash, small interdental brushes
Moderate Periodontitis	Brushing, flossing, tongue cleaning, antiseptic mouthwash, small or medium interdental brushes
Severe Periodontitis	Brushing, flossing, tongue cleaning, antiseptic mouthwash, oral irrigation, medium or large interdental brushes

By 'C' batch

3rd Prize

IMPORTANCE OF ORAL HEALTH MAINTENANCE AND AWARENESS

BATCH- G

What can you do today to stay healthy?

- 1. Proper brushing**
Twice daily preferred : Fluoridated pastes
- 2. Using dental floss** to clean interdental spaces
- 3. Use fluoride Mouthwash** twice daily
- 4. Tongue cleaning**
- 5. Avoid frequent snacking**
Avoid carbonated drinks
Avoid over consumption of sugars
- 6. Quit smoking**
And chewing of tobacco.
Do attend Tobacco cessation programs

Procedures

ROOT COVERAGE

GUIDED TISSUE REGENERATION

FLAP SURGERY

BONE GRAFTS

Implantology

POOR ORAL HYGIENE GINGIVITIS AND PERIODONTITIS RELATED TO

AVOID BY MAINTAINING PROPER ORAL HEALTH

GOAL

McGuire and Scheyer, "If the specialty of periodontics is to remain the premier caregiver for the diagnosis and treatment of periodontal diseases and replacement of the lost dentition, we must face and successfully overcome many new challenges."

CAREER OPPORTUNITIES

ROAD MAP TO SUCCESS IN PERIODONTICS

ORAL HYGIENE MAINTANENCE AND AWARENESS

How to improve your oral health?



Brush your teeth twice daily with fluoride toothpaste & replace your tooth brush every 3-4 months.

- Avoid sweetened acidic beverages
Increases risk of developing cavities



- Make healthy food choices, eat a balanced diet and avoid in between meal snacks.

- Floss daily to remove food particles



- Quit tobacco : tobacco products can stain your teeth and increases risk of oral cancer



- Rinse antibacterial mouthwash to kills germs that cause cavities and gum disease



- Schedule regular check up for professional cleaning and oral exams.

Name of the presenter:Batch -B

IMPORTANCE OF PERIODONTICS

Who is a Periodontics? What is Periodontics?

A Periodontist is a dentist who specializes in the prevention, diagnosis, and treatment of periodontal disease, and in the placement of dental implant".

Inversely, the study of periodontics itself would be described as "the dental specialty focusing exclusively in the inflammatory disease that destroys the gums and other supporting structures around the teeth"



Sore gums? Tooth infection? Inflammation in the mouth?

- Interestingly enough, *Periodontists* are notorious for treating periodontal disease but they also play an important role in oral inflammation.
- That's right! They're actually dental specialists in the field of mouth inflammation and experts when it comes to inflammation of the gums, teeth, etc. etc.

Awareness:

Why is awareness of oral health important?

Increase awareness of the importance of oral health to overall health and well-being. Increase acceptance and adoption of effective preventive interventions. Reduce disparities in access to effective preventive and dental treatment services.

How Periodontists can help Prevent Periodontal Disease?

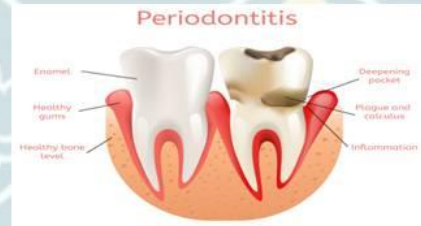
Periodontitis, also called gum disease

If left untreated, Periodontal disease can result in tooth loss as it slowly destroys the tissue around the area.

Early stages of Gingivitis, the gums are still intact and there is no presence of gum degradation, bone loss or tooth decay.

As it progresses to Periodontal disease, the bacteria in the gums become increasingly present and cause the body's immune system to react.

This causes the breakdown of the gums, teeth and connective tissue throughout the mouth.

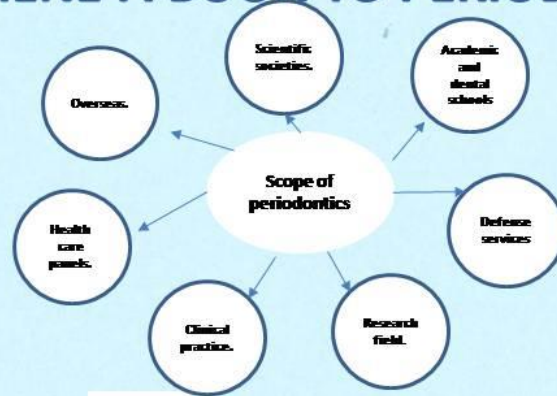


ORAL HYGIENE-A BOON TO PERIODONTIUM



MAINTAINING CLEANLINESS OF THE ORAL CAVITY IS CALLED ORAL HYGIENE

PREVENTS GUM DISEASE
PREVENTS BAD BREATH
PREVENTS STAINING OF TEETH
IMPROVES OVERALL HEALTH



ORAL HYGIENE MEASURES

- USE SOFT BRISTLED TOOTHBRUSH
- FOLLOW BALANCED DIET
- USE MOUTHRASHES
- FREQUENT VISITS TO DENTIST
- USE OF FLUORIDATED TOOTHPASTE



- DO'S**
- BRUSH TWICE A DAY
 - FLOSS AT LEAST ONCE A DAY
 - EAT HEALTHY

- DON'TS**
- DO NOT BRUSH TEETH IMMEDIATELY AFTER CONSUMING ACIDIC DRINKS
 - DO NOT USE HARD BRISTLED BRUSH
 - DO NOT STUFF ASPIRIN

GUM DISEASE ACCELERATES THE PROGRESS OF FULL BLOWN DIABETES
ANAEMIC PATIENTS USUALLY HAVE SOUR AND PALE MOUTH
PREGNANT WOMEN WITH GUM DISEASE HAVE SMALL OR PREMATURE BABY



A SPECIALIST TO MAKE YOUR GUMS FEEL SPECIAL... - F BATCH

FIVE GOLDEN RULES FOR ORAL HYGIENE MAINTENANCE

EAT HEALTHY FOOD

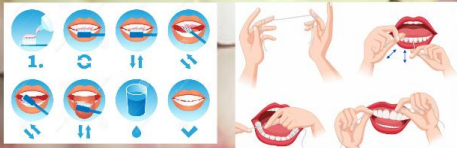


- SCOPE OF FUTURE PERIODONTIST**
- CLINICAL PRACTICE
 - RESEARCH FIELD
 - DENTAL SCHOOL
 - GOVERNMENT JOBS
 - OVERSEAS JOB
 - HEALTHCARE PANEL

AVOID SWEETS BETWEEN MEALS



BRUSH AND FLOSS YOUR TEETH TWICE DAILY



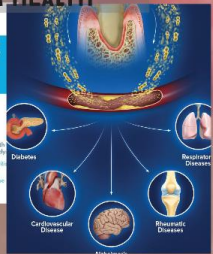
VISIT DENTIST EVERY 6 MONTHS TO KNOW ABOUT GUM HEALTH

CIGARETTES
 2X more serious risk of gum disease than nonsmokers

DIABETES
 10% of American adults smoke

PREGNANCY
 BETWEEN 60% & 70% of women experience gingivitis which is caused by increased hormones

YOUR HEALTH
 Gum disease has been associated with health problems across many other areas of the body:
 - Cardiovascular disease - Rheumatoid Arthritis
 - Asthma - Pregnancy and birth complications
 - Pulmonary Disease - Diabetes (see last page!)



USE FLUORIDATED TOOTHPASTE



S.NAVAPRIYA, P.NITHYASHRI, M.NIVETHA, S.PAVITHRA, N.R.POOJA, V.POORANI (H BATCH CRRI)

ORAL HEALTH CARE

Good Habits Vs Bad Habits

The Habits You Need to Practice and The Habits You Need to Break Away from to achieve the ultimate goal - a perfect smile!

GOOD HABITS

- Brushing your teeth twice daily before you go to bed and anytime during the day; with gentle circular movements
- Flossing Daily with the type of product you find convenient
- Drinking the right beverages - milk, green and black teas
- Eating foods that enhance oral health - fruits, vegetables, seafood, cheese and nuts
- Going for your regular dental check-up of dental problems

BAD HABITS

- Regular or no brushing - This will result in cavities and gum problems; too much pressure can damage the protective enamel
- Forgoing flossing - increases bacterial growth and results in plaque formation
- Eating sugary and starchy foods - chocolate, candies, potato chips
- Drinking the wrong beverages - fizzy soft drinks, sweetened sports drinks
- Avoiding a dental check-up - makes it difficult to detect problems on time

Selection of the right dental care products is important; Here is how to do it right

Toothbrush
A brush with a compact soft bristles - effective head and a flexible handle is good

Toothpaste
Fluoride as an active ingredient in the paste reduces the risk of cavities

Floss
Flat, wide dental tape to clean the large gaps; thin, narrow strips to clean small gaps

Mouthwash
Alcohol based mouthwash is the most common choice

Electrical powered toothbrushes good for individuals with arthritis

For extra protection, Anti-plaque toothpastes desensitizing toothpaste

Non-waxed floss to clean large gaps and waxed floss to clean tight spaces

Electric flossers are suitable if you lack dexterity

Soothing ingredients such as Aloe Vera good for sensitive teeth and gums

Anti-plaque and anti-gingivitis - good choices

A genuine smile comes from the heart, but a healthy smile needs good dental care

Tooth Time A BATCH

ORAL HEALTH

Healthier Mouth brings Healthier Life!

4 STEPS TO GOOD ORAL HYGIENE:

Brush your teeth & Floss twice daily. Change toothbrush every 3 Months.



Eat Healthy foods = Balanced diet
Avoid taking sweets; carbonated drinks



Stop smoking and chewing tobacco.



Visit your dentist regularly.
Scaling (teeth cleaning) should be done once in 6 months.



Poster by: Batch" D"

ORAL HEALTH MAINTENANCE AND AWARENESS

ORAL HEALTH

It is defined as a state of being free from Mouth and facial pain, oral diseases and disorders that limit an individual's capacity in biting, chewing, smiling, speaking and psychosocial well-being.

1 ORAL HEALTH MAINTENANCE AND AWARENESS

Brush your teeth twice a day
With fluoride toothpaste and replace the toothbrush every 3-4 months

2 Flossing for oral health
Floss to remove the food particles that get caught in between the teeth.

3 Consider mouthwash
It reduces the amount of acid in the mouth, cleans hard-to-brush areas in and around the gums, and re-mineralizes the teeth

4 Balanced diet
Eat crunchy fruits and vegetables
Limit sugary and acidic foods

5 Regular dental checkup
The standard recommendation is to visit your dentist twice a year for check-ups and cleanings.

Oral Health is Linked to Overall Health

The health of your mouth is linked to...

- Heart Disease & Stroke
- Respiratory Disease
- Arthritis
- Diabetes
- Gastrointestinal Disease

Older adults who smoke cigarettes are twice as likely to have untreated tooth decay as those who never smoked

About 1 in 3 adults aged 65 or older who smoke cigarettes have untreated tooth decay

BATCH-J

KNOW HOW TO BRUSH

Always use a soft bristle brush



Use fluoridated tooth paste




2 Mins

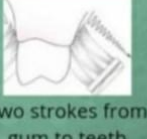
Angulate brush at 45 degree to gum



Circular motion covering 2-3 teeth at a time



Two strokes from gum to teeth



Do's

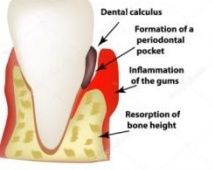
- 1) Brush twice daily
- 2) Brush 60 mins after consuming acidic food

Dont's

- 1) Don't use a brush more than 3 months
- 2) Dont brush too hard

ORAL HEALTH : WHY IT MATTERS

SCOPE OF PERIODONTICS



PERIODONTAL DISEASE
The biggest dental problem that at least 80% of American adults have gum disease.

HEART DISEASE
People with Gum Disease are 2X as likely to die from heart disease and 3X as likely to die from stroke.

DIABETES
Diabetes & bleeding gums increase your risk of periodontal disease by 400-700 percent.

PREPREGNANT COMPLICATIONS
Pregnant women with gum disease have a 3 to 7 times of giving birth to a healthy child of normal time.

ALZHEIMER'S DISEASE
Tooth loss & gum disease increase the risk of Alzheimer's disease.

ASTHMA
Gum disease increases the risk of mild & severe asthma.

RESPIRATORY PROBLEMS
Poor oral hygiene can exacerbate the risk for pneumonia & respiratory infections.

DIABETES
Gum disease increases the risk of developing type 2 diabetes by 50%.

RENAL DISEASE
Research has found an association between gum disease and chronic kidney disease.

Core competencies

- Diagnosis of periodontal diseases
- Surgical and non-surgical periodontal therapy including Periodontic plastic & esthetic surgeries
- Dental implantology- Basics & Advanced
- Comprehensive therapy involving an interdisciplinary approach
- Supportive periodontal treatment
- Full mouth rehabilitation

List of procedures performed by a periodontist:

- Non Surgical Treatments
- Gum Graft Surgery
- Laser Treatment
- Regenerative Procedures
- Dental Crown Lengthening
- Dental Implants
- Pocket Reduction Procedures
- Plastic Surgery Procedures

CAREER SCOPE AFTER MDS IN PERIODONTICS

- Graduates after completing MDS in Periodontics can find job opportunities in private and government dental institutions, teaching hospitals, multi-specialty clinics, defense services, health care sectors of different companies or may pursue Ph.D in Periodontics.

TIPS FOR PROPER ORAL HYGIENE

- REGULAR BRUSHING YOUR MOUTH ACCURATELY**
Brushing helps remove food debris and plaque from the surfaces of your teeth. Brushing for 2 minutes twice a day with a soft-bristled toothbrush is the best way to keep your teeth healthy.
- HABITUALLY FLOSSING**
Flossing helps remove food debris and plaque from the surfaces of your teeth. Flossing for 2 minutes twice a day with a soft-bristled floss is the best way to keep your teeth healthy.
- YOUR MOURNMENT SHOULD TEETH-FRIENDLY**
Foods that are acidic, sugary, or sticky can increase the risk of tooth decay. Avoiding these foods can help protect your teeth.
- STOP SMOKING**
Smoking for 10+ years can double your risk of periodontal disease.
- SEE A DENTAL HYGIENIST FREQUENTLY**
Regular dental checkups and cleanings can help prevent oral health problems.

PERIODONTAL DISEASE Signs and Symptoms

- Red, swollen, painful gums
- Loose teeth
- Shifting or how teeth fit together
- Receding gums
- Frequent bad breath

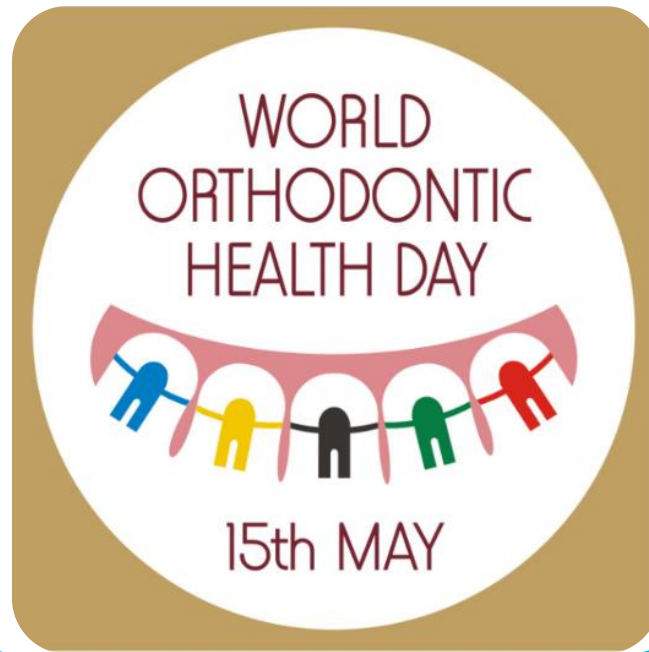
HARSHAVARDHAN
HARSHITHA
ISHWARYA
KABILAN
KANIMOZHI
KARTHIK
KAVITHA
BATCH - E

ORTHODONTIC DAY



^TAGORE DENTAL COLLEGE & HOSPITAL

**DEPATMENT OF ORTHODONTICS AND
DENTOFACIAL ORTHOPEDICS**



WORLD ORTHODONTIC HEALTH DAY

15-05-2021

CIRCULAR



TAGORE DENTAL COLLEGE & HOSPITAL

OO.NO/39/ADMIN/2021

DT:10/05/2021

Circular

In view of the World Orthodontic Health Day on 15-05-2021, Department of Orthodontics and Dentofacial Orthopedics is happy to announce a week celebration competition for third year, final year students and CRRIs.

The competition consists designing a logo for the department, create reels/short videos pertaining to orthodontics and designing a meme about clear aligners and orthodontic awareness. The last day for submission of the design and reels is 22-05-2021.

Students can do any number of designs and reels. The best three creations will get prize money. Request all the third, final year students and CRRIs to participate and unleash their creativity.


PRICIPAL 10/05/21

Rathinamangalam, Melakkottaiyur Post, Chennai - 600 127. Ph : 044-30102222

E-mail : tagoredch@gmail.com Web site : www.tagoredch.com

Regd. Office : No.29, Mahalingapuram Street, Mahalingapuram, Chennai - 600 017. Ph : 044-28173772 / 28175144

BROCHURE



Tagore Dental College & Hospital

*Department of Orthodontics & Dentofacial,
Orthopedics
World Orthodontic Health Day Celebration*

15-May-2021

*Department Of Orthodontics &
Dentofacial Orthopedics*



Designer

Contest

Designing contest

Design a
Logo

Segment 1

Design
Reels/Short
Videos

Segment 2

Design a
Meme

Segment 3

3

Rules & Regulations

- *Topics- Orthodontic Awareness, Aligners*
- *Reels/videos- Maximum-5mins*
- *Last Date- 15-May-2021, 5pm*
- *Submit Your Entries To-
drparameswaran@tagoredch.in/
drshanthinipriya@tagoredch.in*

WOHD

Winners of Each Segment
will get

First Prize- Rs 1000

Second Prize- Rs 500

Third Prize- Rs 300

Prize

4

REPORT

The WFO Executive Committee chose May 15 for World Orthodontic Health Day as it marks the signing of the WFO's charter in 1995 during the 4th International Orthodontic Congress® in San Francisco. World Orthodontic Health Day is designed to tie the WFO's past and future together. Every year since May 15, 2017 is declared as World Orthodontic Health Day, and the WFO created a special logo and posters that established the brand identity of this annual celebration.

Department of Orthodontics and Dentofacial Orthopedics had a cake cutting in the department with the post graduates on 15-05-2021.

Department of Orthodontics and Dentofacial Orthopedics announced a week celebration competition for third year, final year students and CRRIs.

The competition consisted designing a logo for the department, create reels/short videos pertaining to orthodontics and designing a meme about clear aligners and orthodontic awareness. The last day for submission of the design and reels was 22-05-2021.

Students were given liberty to do any number of designs and reels as they want. The first three best creations were selected for prize money. Several students participated with utmost interest and enthusiasm. Many demonstrated their excellent creativeness.

Meme contest winners

First prize: Preetha (CRRi)

Second Prize: Lokesh (CRRi)

Third Prize: Roshini (CRRi)

Logo Design winners

First prize: Rakshana (Final year)

Second Prize: Lokesh (CRRI)

Third Prize: Shanmathi (Third year)

Reels winners

First prize: Krishanga and Pavithra (CRRI)

Second Prize: Rahul (Third year)

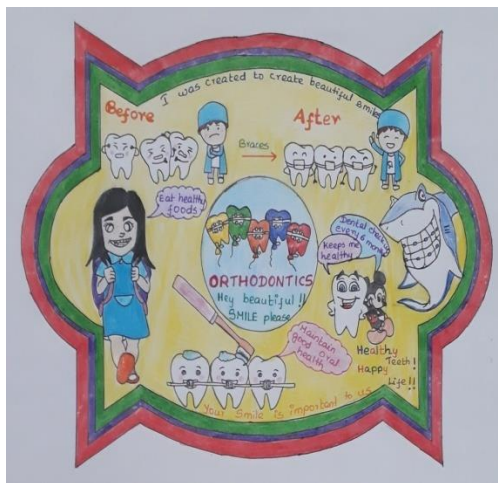
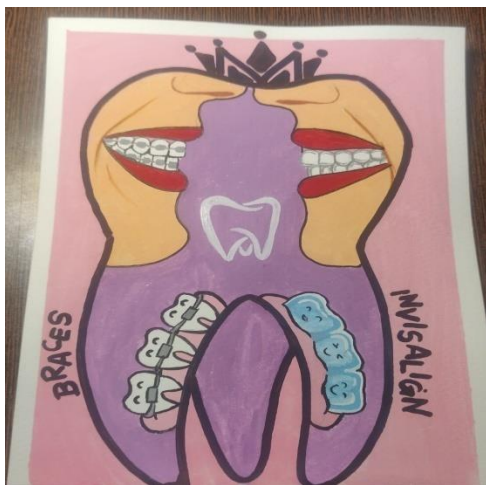
Third Prize: Pavithra (CRRI)

PROGRAM CATEGORY	DEPARTMENT PROGRAM
NAME OF THE PROGRAM	WORLD ORTHODONTIC HEALTH DAY
DATE	15-05-2021
DAY	SATURDAY
VENUE	COLLEGE AND OFFLINE
ORGANIZERS	DEPARTMENT OF ORTHODONTICS AND DENTOFACIAL ORTHOPEDICS, TAGORE DENTAL COLLEGE & HOSPITAL
PARTICIPANTS	THIRD, FINAL AND CRRI – BDS
NUMBER OF PARTICIPANTS	30
EVENTS	LOGO DESIGNING, MEME AND REELS CREATION
PRIZES	FIRST PRIZE: Rs 1000/-, SECOND PRIZE: Rs. 500/-, THIRD PRIZE: Rs 300/-



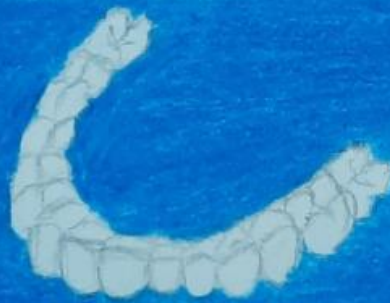


LOGOS



Clear Aligners

CLEAR SMILES



ORTHODONTICS

Perfectly aligned tooth are always in style..

MEMES



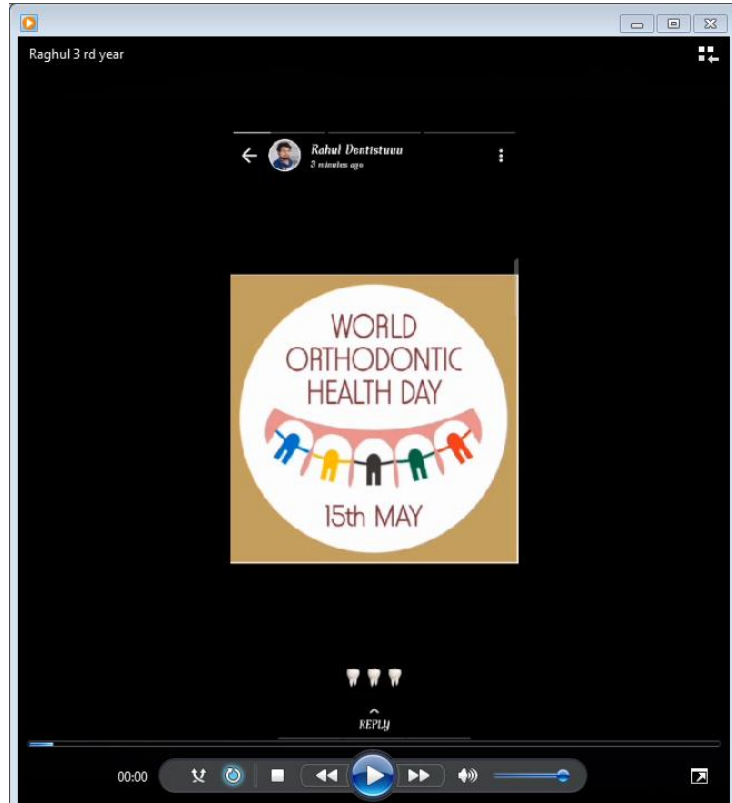
ORTHODONTIST*

**PATIENT WHEN ORTHODONTIST ASK
TO SMILE TO TAKE PRE OPERATIVE PHOTOGRAPH**



***PATIENT**

REELS



WOMENS DAY



**TAGORE EDUCATIONAL TRUST
TAGORE DENTAL COLLEGE & HOSPITAL**

Celebrates



INTERNATIONAL WOMEN'S DAY
'Choose to Challenge'

GUEST OF HONOUR

Prof. Dr. M.MALA, M.A., M.Phil., Ph.D.,
Chairperson, Managing Director & Trustee,
Tagore Educational Trust, Chennai

Ms. M.RAKSHANA
Tagore Educational Trust, Chennai

CHIEF GUEST

C. SWETHA
Founder-director & CEO
Born2win – Social Welfare Trust, Chennai

DATE: 8TH MARCH 2021

TIME: 12.30 PM ONWARDS

VENUE: AUDITORIUM, TDCH



TAGORE DENTAL COLLEGE & HOSPITAL

TDC&H / OFFICE ORDER/ICC/2021/03 -02

06/03/2021

CIRCULAR

There will be a guest lecture on the topic "CHOOSE TO CHALLENGE" by C.SWETHA in commemoration with International Womens Day celebration on 8th March 2021 at 12.30 am in auditorium. Kindly request final year, CRRI and staff to attend the lecture.

Convenor

(Dr. Bhuvaneshwari)

TAGORE DENTAL COLLEGE AND HOSPITAL


WOMENS DAY CELEBRATION 2021

08/03/2021

To commemorate International womens day on 08/03/2021, Tagore Dental college in collaboration with Tagore Medical College organized an event to celebrate the women achievers. The chief guest for the program was Ms. Swetha Sudhakar C, Founder-Director, Born 2 win Social Welfare trust. The guest of honor for the celebration was Prof. Dr. M. Mala, Chairperson, Tagore Group of Institutions and Ms. Rakshana, Junior Trustee, Tagore Group of Institutions. Dr. Chitraa R Chandran, Principal, Tagore Dental College and Dr. Kumutham Lingaraj, Medical Director, Tagore Medical College honored the event by their presence. The theme for this year was 'Choose to Challenge'.

The program started with the auspicious lighting of kuthuvizhaku. Prof. Dr. M. Mala addressed the gathering. This was followed by the inspiring speech by the chief guest Ms. Swetha Sudhakar. She emphasized the importance of women receiving equal rights as men in all aspects. She spoke about the importance of accepting and appreciating the differences found in every woman. She finally concluded by saying that every woman should stand up for their rights in the society.

All the women achievers of the teaching and non -teaching faculty were honored with an appreciation award.


Dr. CHITRAA R. CHANDRAN
PRINCIPAL
TAGORE DENTAL COLLEGE AND HOSPITAL
RATHINAMANGALAM, VANDALUR POST,
MELAKOTTAYUR, CHENNAI-600 127.

TAGORE DENTAL COLLEGE AND HOSPITAL

WOMENS DAY CELEBRATION 2021

08/03/2021

TOTAL NO.OF PARTICIPANTS: 165

To commemorate International womens day on 08/03/2021, Tagore Dental college in collaboration with Tagore Medical College organized an event to celebrate the women achievers. The chief guest for the program was Ms. Swetha Sudhakar C, Founder-Director, Born 2 win Social Welfare trust. The guest of honor for the celebration was Prof. Dr. M. Mala, Chairperson, Tagore Group of Institutions and Ms. Rakshana, Junior Trustee, Tagore Group of Institutions. Dr. Chitraa R Chandran, Principal, Tagore Dental College and Dr. Kumutham Lingaraj, Medical Director, Tagore Medical College honored the event by their presence. The theme for this year was 'Choose to Challenge'.

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All the women achievers of the teaching and non -teaching faculty were honored with an appreciation award.

The program concluded with cultural events by the students of Tagore Dental College and Tagore Medical College.

The following faculties were given an appreciation award for their service in the institution.

TAGORE DENTAL COLLEGE AND HOSPITAL
SENIOR FEMALE STAFFS

S.NO	DEPARTMENT	NAME
1.	ORAL MEDICINE	Dr. Parvathy Dr. Bharathi
2.	PERIODONTICS	Dr. Bhuvaneshwari
3.	PROSTHODONTICS	Dr. Helen Dr. Suganya
4.	OMFS	-
5.	ENDODONTICS	Dr. Vandana
6.	PEDODONTICS	Dr. Lakshmi Priya Dr. Subhashini

7.	ORTHODONTICS	Dr. Mahalakshmi
8.	PUBLIC HEALTH DENTISTRY	Dr. Vaishnavi
9.	ORAL PATHOLOGY	Dr. Pravina

TAGORE DENTAL COLLEGE AND HOSPITAL
SENIOR FEMALE STAFFS

S.NO	DEPARTMENT	NAME
1.	ORAL MEDICINE	Dr. Parvathy Dr. Bharathi
2.	PERIODONTICS	Dr. Bhuvaneshwari
3.	PROSTHODONTICS	Dr. Helen Dr. Suganya
4.	OMFS	-
5.	ENDODONTICS	Dr. Vandana
6.	PEDODONTICS	Dr. Lakshmi Priya Dr. Subhashini
7.	ORTHODONTICS	Dr. Mahalakshmi
8.	PUBLIC HEALTH DENTISTRY	Dr. Vaishnavi
9.	ORAL PATHOLOGY	Dr. Pravina

'CHOOSE TO CHALLENGE'
GUEST SPEAKER: MS. SWETHA SUDHAKAR C
FOUNDER-DIRECTOR, BORN 2 WIN SOCIAL WELFARE TRUST
DATE: 08.03.2021



'CHOOSE TO CHALLENGE'
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DATE: 08.03.2021



**WORLD IMMUNIZATION
DAY**



TAGORE DENTAL COLLEGE & HOSPITAL

OFFICE ORDER NO/38/2021

DATE: 12.03.2021

CIRCULAR

There will be a guest lecture on “**Building vaccine confidence in COVID 19 Pandemic**” by Dr. Sree T Sucharitha M.D, Professor, Department of Community Medicine, Tagore Medical College., in lieu of the World Immunization day on **16.03.2021** at **11.00 AM** organized by the Youth Red Cross of Tagore Dental College.

We request all the faculty members to attend the Programme.

Venue: Tagore dental college auditorium

Thanking you,

First year
Final year
CRRI } to attend.


12/3/21
PRINCIPAL



TAGORE DENTAL COLLEGE & HOSPITAL

RATHINAMANGALAM CHENNAI - 600 127

TAGORE DENTAL COLLEGE & HOSPITAL
RATHINAMANGALAM CHENNAI 600 127

Building vaccine confidence in the COVID-19 Pandemic

GUEST SPEAKER
Dr. Sree T. Sucharitha, M.D
Professor, Dept of Community Medicine,
Tagore Medical College Hospital



WORLD IMMUNIZATION DAY - REPORT 2021

Dr. CHITRAA R. CHANDRAN
PRINCIPAL
TAGORE DENTAL COLLEGE AND HOSPITAL
RATHINAMANGALAM, VANDALUR POST,
MELAKOTTAIYUR, CHENNAI-600 127.



TAGORE DENTAL COLLEGE & HOSPITAL

RATHINAMANGALAM CHENNAI - 600 127

TAGORE DENTAL COLLEGE & HOSPITAL
RATHINAMANGALAM CHENNAI 600 127

**Building vaccine
confidence in the
COVID-19 Pandemic**

GUEST SPEAKER
Dr. Sree T. Sucharitha, M.D
Professor, Dept of Community Medicine,
Tagore Medical College Hospital

**World
Immunisation Day**

WORLD IMMUNIZATION DAY - REPORT 2021

PROGRAM DETAILS

PROGRAM CATEGORY	GUEST LECTURE (FOR STUDENTS OF TDC)
NAME OF THE PROGRAM	BUILDING VACCINE CONFIDENCE IN COVID-19 PANDEMIC.
DATE	March 16, 2021.
DAY&TIME	Tuesday & 11:30 to 12:30
VENUE	TDCH Auditorium
ORGANIZERS	YOUTH RED CROSS, TAGORE DENTAL COLLEGE & HOSPITAL
NUMBER OF PARTICIPANTS	85
RESOURCE PERSON	GUEST SPEAKER Dr. Sree T. Sucharitha, M.D Professor, Dept of Community Medicine, Tagore Medical College Hospital

REPORT CONTENT

The world immunization day program has been conducted on march 16,2021 (Tuesday) by 11:30 am to 12:30 pm @TDCH Auditorium. The program started with panel discussion with 2 teams each consisting of 4 students , who debated against each other about Pros and Cons of the Vaccines. The program highlighted on the design, side effects and efficacy of the vaccines and also the speaker motivated the students to get vaccinated.

PHOTOS





TAGORE DENTAL COLLEGE AND HOSPITAL

YOUTH RED CROSS UNIT

GUEST LECTURE: BUILDING VACCINE CONFIDENCE IN COVID 19
PANDEMIC

ATTENDENCE LIST

S.NO	NAME	SIGNATURE
1.	Balthi E.	S. B. H.
2.	Anamath Roman.	R. Anamath
3.	R. Soorya Kumar	R. Soorya
4.	R. Anjana Devi	Anjana Devi
5.	J. Ida Esther Celina.	J. Ida
6.	M. Sowmiya	M. Sowmya
7.	L. Catherine Angel	L. Catherine
8)	Ragul Balaji	Ragul
9)	Bhuvaneshwari	R. Bhuvaneshwari
10)	Ayshwariya.	Ayshwariya
11)	Deepika .S	Deepika
12)	Deivanai	M. Deivanai
13.	Anitha P	Anitha P
14)	A. Ramya	A. Ramya
15.	B. A. Ragavi	B. A. Ragavi
16.	TNVL JARJA	TNVL JARJA
17.	P. Goutam.	P. Goutam
18.	Ilakkiya.	Ilakkiya

S.NO	NAME	SIGNATURE
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20.	SASHANGAN	Sashangan
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22.	Sandhya	Sandhya
23.	Basit Umar Fayid . I	Basit Umar
24.	Mahalakshmi . R	M. Mahalakshmi
25.	Swetha . B . R	Swetha
26.	Syed ali fakhima Hafeela . A	Syed Ali
27.	Madhuritha . S	Madhuritha
28	MANINOXHI . P	Maninoxhi
29.	G. Parvathi	Parvathi . G.
30.	M. Prabha	M. Prabha
31	Zulakha .	Zulakha .
32	Vijay Shankar	Vijay Shankar

**WORLD NO TOBACCO
DAY**

TAGORE DENTAL COLLEGE & HOSPITAL



Department of Public Health Dentistry



VENUE	TAGORE DENTAL COLLEGE AND HOSPITAL
DATE	31 ST MAY 2021
TIME	9.00AM to 5.15 PM
PARTICIPANTS	Staff: Dr Vaishnavi Dr Kumar Raja Dr Lakshmi Dr. Virudambal

CIRCULAR



TAGORE DENTAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai -600 127, Ph: 30102222

Recognized by The Dental Council of India, New Delhi

Affiliated to the Tamilnadu Dr. M.G.R. Medical University, Chennai.

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

Email: phdentistry@tagoredch.in

TDCH/PHD/01/2021

DATE: 21/05/2021

CIRCULAR

DEPARTMENT OF PUBLIC HEALTH DENTISTRY In association with Association for Harm Reduction Education and Research, (AHRER) conducts SKILL BUILDING e-WORKSHOP ON TOBACCO HARM REDUCTION with 6 CDE POINTS via virtual platform on Monday, 31st May 2021 from 9 A.M to 5.15 PM.

Staff members are requested to relieve the final year and CRRI students to attend the program.

Faculty members are kindly requested to attend the programme.

COPY TO:

All Departments

IQAC


PRINCIPAL 21/5/21

TAGORE DENTAL COLLEGE AND HOSPITAL
DEPARTMENT OF PUBLIC HEALTH DENTISTRY

“SKILL BUILDING e-WORKSHOP ON TOBACCO HARM REDUCTION”

PROGRAMME SCHEDULE

TIMINGS	PROGRAM
MORNING SESSION	
09.00 AM - 09.30 AM	Registration
09.30 AM -10.30 AM	Health systems strengthening to improve commitment to quit tobacco with special focus on COVID-19pandemic
10.30 AM – 11.00 PM	Inaugural ceremony
11.00 AM - 12.00 PM	Tobacco harm reduction in India
12.00 PM - 01.00 PM	Research Dissemination
01.00 PM - 01.15 PM	Posters presentations by winners
01.15PM-01.45PM	Lunch break
AFTERNOON SESSION	
01.45 PM – 03.00 PM	Role of dental professionals in tobacco cessation
03.00 PM- 04.00 PM	Motivational interviewing

04.00 PM- 05.00 PM	Nicotine replacement therapy and pharmacological interventional in treatment of nicotine dependence
05.00-05.15PM	Vote of thanks

INVITATION



**TAGORE DENTAL
COLLEGE & HOSPITAL**

Chennai - 600 127.



DEPARTMENT OF PUBLIC HEALTH DENTISTRY

In association with

**ASSOCIATION FOR HARM REDUCTION
EDUCATION AND RESEARCH, (AHRER)**

Mumbai, India

Conducts

**SKILL BUILDING
e-WORKSHOP ON TOBACCO
HARM REDUCTION**

on **31st May 2021**

**Registration
Fee:
Rs. 100/-**



**6 CDE
Points**

**E- Certificates will be given to all the registered participants.
Link will be shared at the time of registration.**

**SKILL BUILDING e-WORKSHOP ON TOBACCO HARM
REDUCTION WORLD NO TOBACCO DAY: COMMIT TO QUIT**

PROGRAM AGENDA

09:00 AM REGISTRATION

09:30 – 10:30 AM **Session 1 - Hall 1**

Topic: Health Systems Strengthening to Improve Commitment to Quit Tobacco with special focus on COVID-19 Pandemic

Dr. Rohini Ruhil, Consultant

Co-ordination, Monitoring and Evaluation

National Tobacco Control Programme

Ministry of Health and Family Welfare, New Delhi

Session 2 - Hall 2 & 3

Posters Presentation

1. Category I : Final year / Interns

2. Category II : Post-Graduates

10:30 – 11.00 AM

INAUGURAL CEREMONY

Prof. Dr. M. Mala, Ph.D.

Chairperson, Managing Director,

Tagore Educational Trust, Chennai

Dr. C.J. Venkata Krishnan, Principal, TDCH

Dr. S. Balagopal, Vice-Principal, TDCH

Dr. S. Jimson, Vice-Principal, TDCH

Dr. N. Gunasekaran, Dean, TMCH.

Dr. K. Sivaprakasam, Medical Superintendent, TMCH

Dr. K. Ravindran, Dean Academics, TMCH

Dr. Kumudha Lingaraj, Medical Director, TMCH

Guests:

Prof. Rohini Ruhil,

Jawaharlal Nehru University, Delhi

Prof. Dr. Nimesh G.Desai

Director, Prof. of Psychiatry, IBHAS, Delhi

Dr. Kiran Melkote,

Managing Director, AHRER-Delhi

Moderator: Dr. Sree T. Sucharitha

Professor-Department of Community Medicine

Research Co-ordinator-Central Research Lab

11:00 AM – 12:00 Noon	<p>Keynote Address: Prof. Dr. Nimesh G. Desai <i>Institute of Human Behavior and Allied Sciences (IBHAS), Delhi</i></p> <p>Topic: Tobacco Harm Reduction in India</p>
12:00 – 1.00 PM	<p>Research Dissemination Tobacco Harm Reduction approach in Clinical practice : A Qualitative Study from Chennai</p> <p>** Interactive Question Round on Research Methodology with Participants</p> <p>Dr. Sree T. Sucharitha <i>Professor-Department of Community Medicine Research Co-ordinator-Central Research Lab Tagore Medical College & Hospital, Chennai</i></p>
01:00 – 01:15 PM	Poster Presentations by Prize Winners
01:15 – 01:45 PM	LUNCH BREAK
01.45 – 03:00 PM	<p>Topic: Role of Dental Professionals in Tobacco Cessation</p> <p>Dr. Vaishnavi. S, Reader <i>Department of Public Health Dentistry, Tagore Dental College & Hospital, Chennai</i></p>
03.00 – 04:00 PM	<p>Motivational Interviewing Demonstration of Counseling approach by a Psychologist with Standardized Patient</p> <p>Mr. Samuel Aurora David <i>Expert Trainer-NACO, Chennai</i></p>
04.00 – 05:00 PM	<p>Topic: Nicotine Replacement Therapy and Pharmacological Interventions in treatment of Nicotine Dependence</p> <p>Dr. R. Pradeep, Associate Professor <i>Department of Psychiatry, Madha Medical College and Research Institute, Chennai</i></p>
05:00 – 05:15 PM	<p>Vote of Thanks</p> <p>Dr. B. Kumara Raja, Senior Lecturer <i>Department of Public Health Dentistry Tagore Dental College & Hospital, Chennai</i></p>

FINAL YEAR / CRR1	POST GRADUATES
<p style="text-align: center;">Theme for World No Tobacco Day 2021: Commit To Quit</p>	<p style="text-align: center;">Sub-Themes</p> <ol style="list-style-type: none"> 1. Second and Third Hand smoke 2. Youth and Tobacco Use & Prevention 3. Women and Gender Issues in Tobacco Control 4. Nicotine dependency in chronic smokers and reduced risk alternatives 5. Smokeless tobacco use and youth, women and vulnerable population 6. Environmental Tobacco Exposure and Smoke Free Zones

Guidelines for Posters and Scientific Abstracts (250 words)

1. Each poster can have a maximum of two authors
2. Both the authors should register for the Workshop
3. The contents of the poster or Scientific Abstract should be original or wherever applicable such as WHO figures or Flow diagrams have to be appropriately given with references in the corner of the poster which can be displayed in a smaller font.
4. Theme and Language : All posters should fit in the Theme or sub-theme track given and should be in English language
5. Posters should be understandable to the viewer without verbal explanation.
6. Layout: All posters should be in Single Page and Portrait Orientation
7. E-poster Size in pixel: 1080 width x 1536 height — portrait orientation
8. E-poster Size in Cm: 38.1 width x 54.2 height — portrait orientation
9. Font Size: 16, Font Style: Times New Roman
10. File Format: PNG or JPEG
11. Deadline: Last date for Poster submission: 29th May 2021.
12. Posters to be sent @: tagorephd05@gmail.com
13. Prizes will be awarded separately for post graduates and under graduates
14. Winner

First Prize	: Rs. 2000
Second Prize	: Rs. 1000
Third Prize	: Rs. 500



Contact Details:

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Dr. Lakshmi Krishnan, M.D.S
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Bank Account Details:

BANK NAME : PUNJAB NATIONAL BANK
ACCOUNT NAME : TAGORE DENTAL COLLEGE & HOSPITAL
ACCOUNT NO : 3958002100008895
IFSC CODE : PUNB0395800
ACCOUNT TYPE : CURRENT ACCOUNT
BRANCH : TAMBARAM EAST SELAIYUR

PROGRAM REPORT

Every year worldwide May 31st is marked as “WORLD NO TOBACCO DAY” and each year our college strives to create a change in this arena by doing things differently

To mark this year’s occasion, we conducted a workshop on “SKILL BUILDING ON TOBACCO HARM REDUCTION. Due to the evident pandemic condition and to ensure the safety of the participants this workshop was conducted virtually on Zoom meet platform.

The program witnessed a participation of 369 dentists Participated from around 30 colleges in UG, PG and staff categories. A registration fee of Rs 100 was kept and 6 CDE points were allotted to this.

The program began at sharp 9.30am with a welcome note by Dr Kumara Raja, Senior Lecturer, Dept of Public health dentistry, TDCH followed by an interesting session conducted by Dr Rohini Ruhil, Consultant, NTCP who joined us from New Delhi to elucidate on “Strengthening health systems to improve commitment to quit tobacco with a special focus on Covid 19 pandemic”. The session instigated the young minds to increase their commitment towards tobacco counseling. Posts this session an array of beautiful posters on various theme related tobacco done by the participants were displayed in the meeting.

Around 10.30am, an exemplary inaugural function followed by an interactive panel discussion was moderated by Dr Sree Sucharita Professor Dept of Community medicine, TMCH. It was rich panel with stalwarts from various field of dentistry participated. The discussion was ignited by Dr Venkata Krishnan, Principal TDCH and escalated to next level with the inputs from Dr Chitraa R Chandran, Ex-Principal TDCH, Dr Jimson S Vice –Principal, TDCH and Dr Gunasekaran Dean TMCH. The discussion rocketed up further with Prof Dr. Nimesh G Desai Director, IBHAS sharing his thoughts along Dr Kiran Managing Director, AHRER, New Delhi.

Prof Dr. Nimesh Desai was kind enough to spare more of his time by being the Keynote Speaker of this workshop where he highlighted on “Tobacco Harm reduction In India” around 11.00am

The same was discussed through a qualitative study conducted by Dr.Sree Sucharitha, among the healthcare practioners of Chennai city. She highlighted key findings of the study and the participants enthusiastically clarified their doubts with her.

To create more zeal among the participants, poster winner announcement was made and the following were winners from PG and UG category

PG CATEGORY

1st prize. Dr. CANTY SANDRA - RAGAS DENTAL COLLEGE AND HOSPITAL

2nd prize. Dr. PALLAVI AMMU THOMAS

YENOPAYA DENTAL SCIENCE

3rd prize Dr. CHARUMATHI

CHETTINAD DENTAL COLLEGE AND HOSPITAL

UG CATEGORY

1st place

Ms. CHINMAYA AGGARWAL & SHUBHAM SINGH

SRM, Ramapuram

2nd Place

1. Ms. JAYALEKSHMI Ms.AISHWARYA

School of dental science, KIIMS

2. Ms. NAMARATHAA SRE &Ms. NAAFIYA

Chettinad dental college

3. Ms.APARNA MAHAJAN & Ms.KRITI SINGH

Sri Sukhmani dental college,Mohali.

3rd place

1. Ms. NIMISHA & Ms.GARGEE

Krishna inst of dental science

2. Mr. PRANAV GHALSASI & Mr. ABHISHEK GOLE

School of dental Sciences KIIMS

3. Ms. DIVYA SHREE & POORNIMA KAMATCHI

Thai Mookgambikkai dental college

A cash prize of Rs 2000, Rs 1000 and Rs 500 was given to 1st, 2nd and 3rd places respectively.

The sessions resumed at 1.45pm with a lunch break from 1.15 pm to 1.45 pm

Post lunch we had a vibrant discussion on “NRT and Pharmacological interventions in treatment of Nicotine Dependence” by Dr Pradeep, Assc Professor, Dept of Psychiatry, Madha Medical College. Following this session, a discussion on “Motivational Interviewing “was taken by Mr Samuel, Trainer- NACO.

The workshop ended with a comprehensive and informative lecture by Dr Vaishnavi, Reader, Dept of Public Health Dentistry, TDCH who spotlighted on “Role of Dental professional In Tobacco Cessation”.

The complete wrap up of the workshop was done by Dr Kumar Raja who extended his warm appreciation and gratitude to all the participants and speakers with vote of thanks note.

Overall, the program was grand success

ATTENDANCE SHEET

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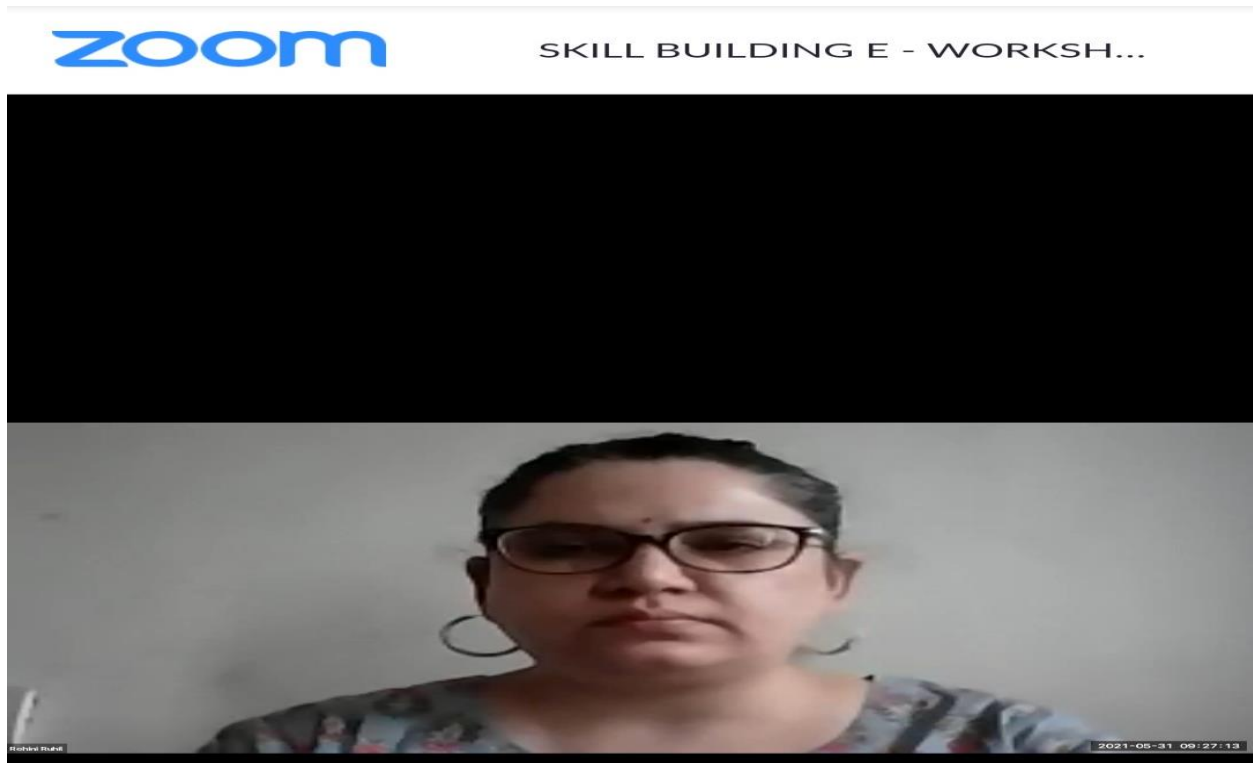
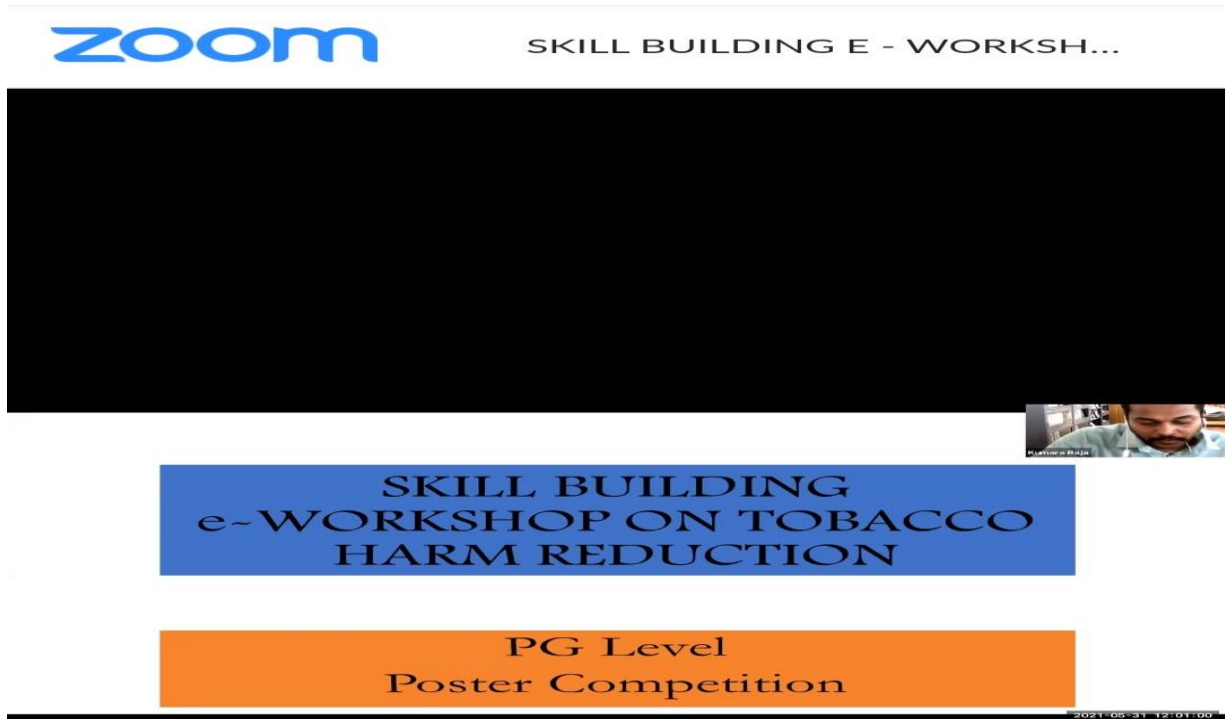
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318.	Dr. MOHAMMED MEERA RIYAZ S	24674	MEENAKSHI AMMAL DENTAL COLLEGE AND HOSPITAL, CHENNAI	meerariyaz.9@gmail.com
319.	Kareena Duggal		Sri Sukhmani Dental College and Hospital	Kareenaduggalchd@gmail.com

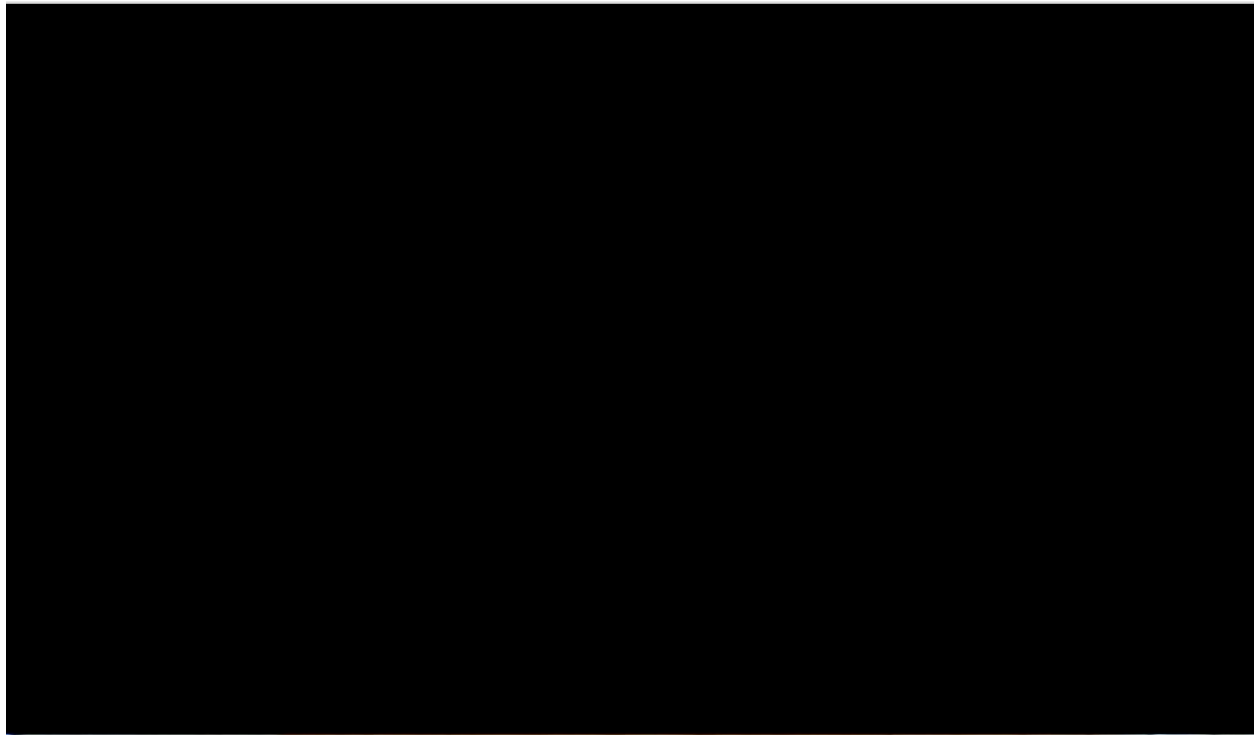
320.	Pooja Shaji		Meenakshi Ammal Dental College	pooja.darshan569@gmail.com
321.	A.Kalaivani		MEENAKSHI AMMAL DENTAL COLLEGE	kalaivaniashokkumar4@gmail.com
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332.	Shreedevi.E	541716096	Chettinad dental college	athenajames22@gmail.com
333.	Aishwarya.g	541716007	Chettinad dental college nd Research institute	aishwarya10012000@gmail.com
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338.	Aateef Ahmed		Chettinad dental college and Research institute	aateefahmed11@gmail.com
339.	Aadhya B		Chettinad Dental College	aadhucyrus@gmail.com
340.	Dr.Kartik Radadiya	A17554	Pacific dental college and hospital,Udaipur	kartikradadiya36@gmail.com
341.	Dr.Pooja bhanushali	A-43668	Pacific dental college and hospital	Poojabhanushali2420@gmail.com
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344.	Paras Gupta	HN008981	MMCDSCR mullana	parasgupta977@gmail.com
345.	Dr.Gayathri.K	20655	Tagore dental college and hospital	anugayathri2092@gmail.com
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355.	Dimple Chaudhari		School of dental sciences karad	dimple2404@gmail.com
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364.	Shamli Langade		School of Dental Sciences, KIMS DU, Karad.	shamli.s.langade24@gmail.com
365.	Lakshmi priya.M	9840158815	Chettinad dental college and research institute	lp4211237@gmail.com
366.	B.Krithiga Devi	20451	Meenakshi Ammal dental college and hospital	krithigadevi6792@gmail.com
367.	Suraj Diwakar		Sri Sukhmani Dental College and Hospital	surajdiwakar70@gmail.com
368.	Deepa Patil	8574 A	KM SHAH DENTAL COLLEGE AND HOSPITAL	iafdeepa@gmail.com
369.	Latika Garg	New Delhi	Maulana Azad Institute of Dental sciences	latikagarg0405@gmail.com

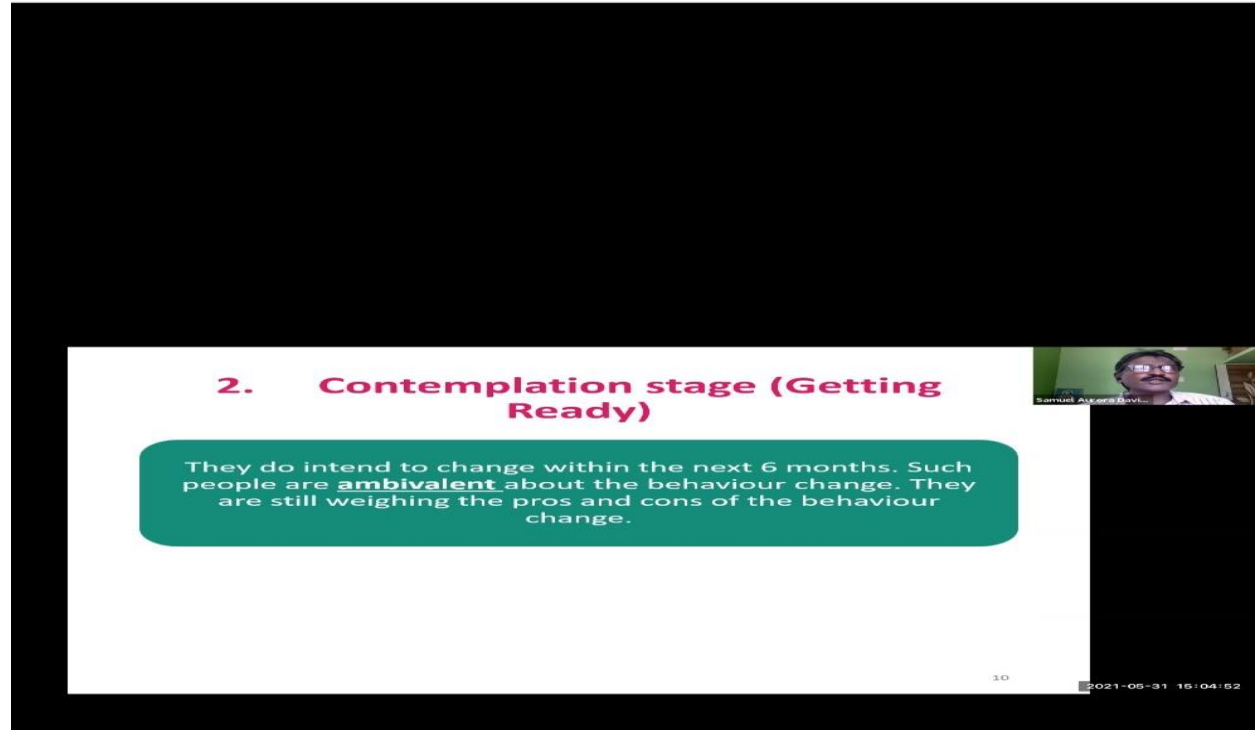
PHOTOS





SKILL BUILDING E - WORKSH...





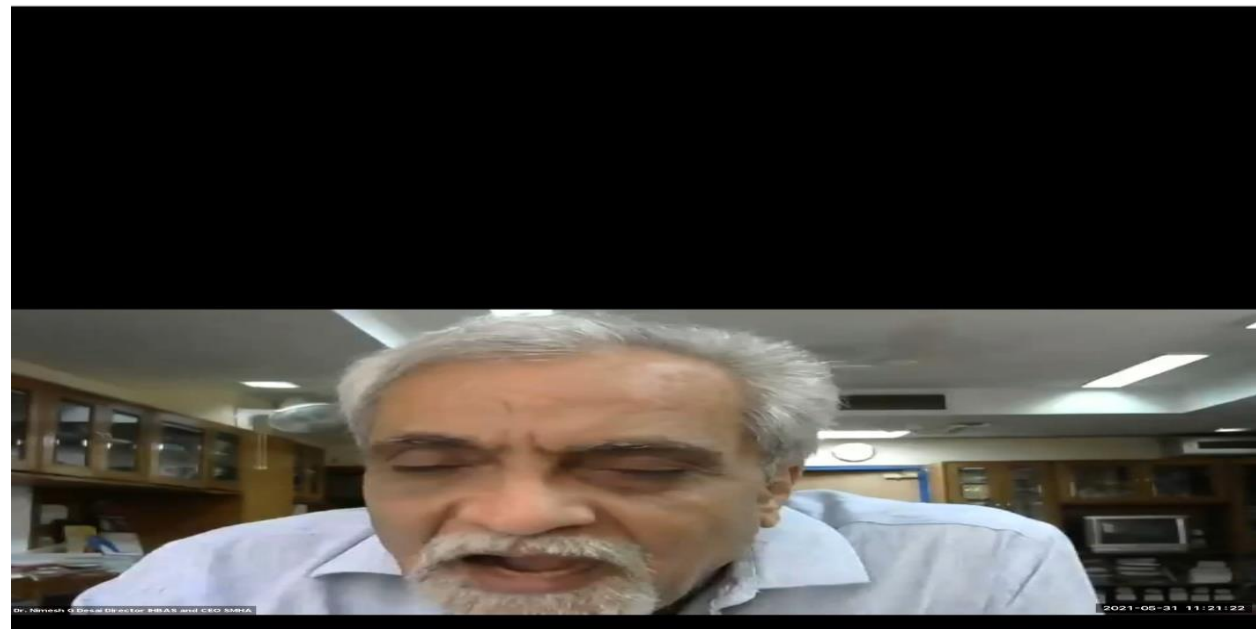
2. Contemplation stage (Getting Ready)

They do intend to change within the next 6 months. Such people are **ambivalent** about the behaviour change. They are still weighing the pros and cons of the behaviour change.

10

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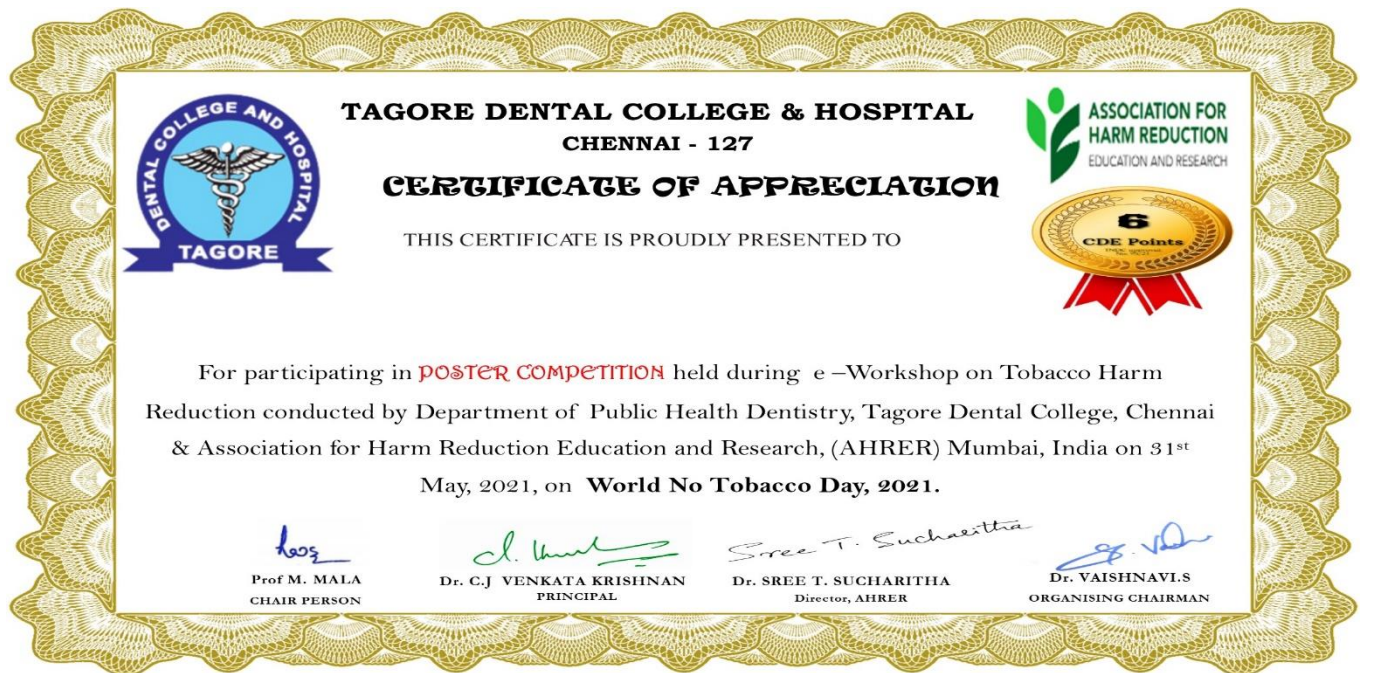
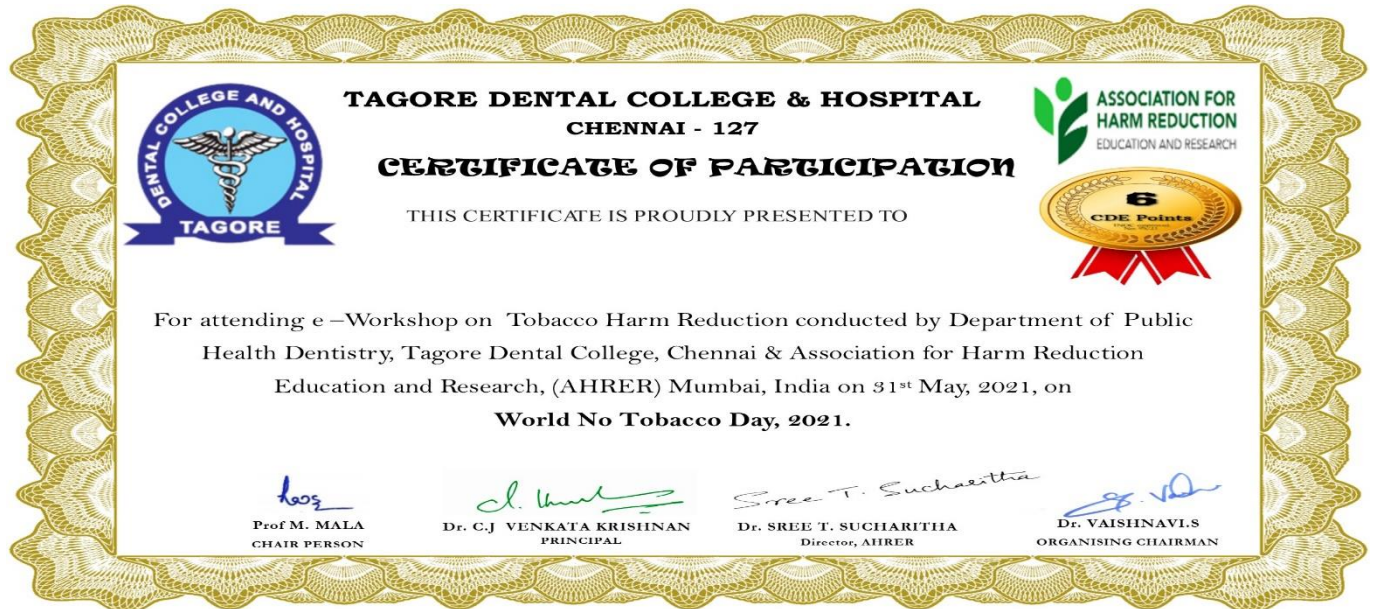
Samuel Akpan (M...)



Dr. Nwagwu (Dr. Nwagwu) Director, KWAS and CEO SMHA

2021-05-31 11:21:22

CERTIFICATES



DCI ALLOTMENT LETTER

TAMIL NADU DENTAL COUNCIL

(Statutory Body constituted under The Dentists Act, 1948)

Ph : 044-25638476
E-mail : tndccde107@gmail.com
Web site : www.tndentalcouncil.org

Arihant Majestic Towers,
5-0-3, # 216, J. N. Salai,
Koyambedu,
Chennai – 600 107

Ref.No.TNDC/TDCH/95/CDE-P/21

Apr 23, 2021

To
Dr Chitraa R Chandran,
Principal,
Tagore Dental College & Hospital,
Rathinamangalam,
Chennai – 600 127,

Madam,

Sub :- Your request for allocation of CDE points for your CDE programme – Reg.

Ref :- Your letter dated 20.04.21.

With reference to your letter cited, it is informed that 06 (Six) points are allotted to your programme :

CDE Programme:- "Skill Building Workshop on Tobacco Harm Reduction"

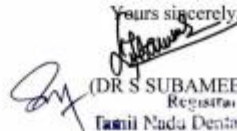
Date :- 31st May 2021

You are requested to include the following information in the CDEP certificate to be issued to the participating dentists.

1. TNDC approval No. 95 / 21
2. TNDC Regn. No. :-
3. Credit points: - 06

Kindly send a draft format of the CDEP Certificate incorporating the above particulars to this Office. You are requested to send the attendance particulars with (i) Registration Numbers and (ii) Signatures of dentists of this Council to this Office within 2 weeks after conduct of the said CDE programme. In the attendance list, if the signature of any dentist is not found, the credit points will not be given to that dentist. Strict compliance to the above is mandatory to permit allocation of CDE credit points to future programmes, conducted by you / your organization

Yours sincerely,


(DR S SUBAMEENA)
Registrar
Tamil Nadu Dental Council
Chennai - 107.